

Est. 1992

Internships
Volunteering
High School Students
University Students
Career Breakers
Professionals

ProjectsAbroad



International summer programs, internships and volunteering projects

Medicine & Healthcare / Conservation & Environment / Journalism / Business /
Law & Human Rights / Veterinary Medicine & Animal Care / Teaching /
High School Specials / University Dissertations / Care / Archaeology

› www.projects-abroad.in
Tel: 011-40079295

help...
learn...
explore!



Peter Slowe
Dr. Peter Slowe is a geographer and author. He founded Projects Abroad in 1992.

You matter to us at Projects Abroad. We care about you, your values, your character and your personality. We also care very much about the communities where we work and our partners all around the world. Our job is to match you to their needs.

This means that for a complete volunteering experience which is worthwhile, adventurous and enjoyable, with secure back-up around the world, you should choose Projects Abroad. We send over 10,000 volunteers abroad a year, supported by 600 staff.

Whether you teach with us in a Mexican school or work with us on a veterinary placement in Sri Lanka, whether you help with English classes in Peru or do a medical project in Ghana, you will be in demand and you will be needed. You will make a difference wherever you go and whichever community you join, and you will have an excellent work experience.

Projects Abroad programs are eye-opening and life-changing, and also enjoyable and well planned. Our volunteers return from their placements with an understanding of the world that cannot be acquired in the classroom or library.

I hope you join us.

Peter Slowe

Our Mission & Values

Our Mission:

Our mission is to encourage young people to volunteer for worthwhile work or gain work experience abroad. As more and more people join us, we aim to create a multi-national community with a passion to serve, to learn, to understand, to teach, to inspire, and to be inspired.

Our Values:

Contribution: We believe in helping where help is needed, even in far-away places, whether it is needed by an individual, an organization, an environmental project, or an entire community; we respond to need as effectively as we can with our abilities and our resources.

Company: We believe that the most efficient way to organize people and resources for our activities is through a for-profit company; it allows for the pooling of resources and the dispersal of risk, and it encourages innovation.

Community: We believe that our colleagues, our volunteers, and our partners, who make up our multi-national community, determine our success. We recognize that each individual has a unique ability to contribute, which we must nurture.

Culture: We believe in the value of cultural exchange between young people from different communities; such exchange helps to create a world with greater mutual respect and understanding.



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> What We Offer



Large variety of projects

We operate on **5 continents**, where volunteers and interns can choose from a large number of different projects. Within each project we offer a wide range of placements. There really is something for everybody.

Combine projects

You can choose to combine any of our projects within the same destination. The cost of combining will be the price of your most expensive project and then any other project is charged at its “extra week” price.

Combine destinations

You can even combine projects in different destinations and design your own volunteer travel itinerary. You can choose any combination of the projects available and you will receive a 10% discount from each destination program cost.



Flexible dates & duration

Our programs run year round and you can choose your start date and the duration of your project. We don't have set departure dates. (Our High School Specials are a little different; please see pages 40-41 for details.)

Unrivalled in-country support

In each of our destination countries we have full-time, paid staff whose job it is to assist our volunteers. We will meet you at the airport and will show you around. We will introduce you to your host family and placement and generally make sure you settle in well. If you ever have a problem, our colleagues will be available, day or night, to help you. This support is more than just an emergency phone number! Your placement will always be geographically close enough to our local office for us to come and see you.



Worthwhile programs

By joining Projects Abroad you are joining a community of volunteers and local people, all working together to better their lives and their environment.

Cultural immersion

You will work with local people in your placement and live with local host families. Through daily contact with colleagues, family members and newly made friends you will experience the culture of your host country intimately.

International volunteer community

The size of our organization means that there are almost always other volunteers around. There is no need to feel isolated in any of our destinations. We try to keep our placements as near to each other as possible, so volunteers can meet up easily. Our local colleagues often organize social events like meals, music and weekend activities.

Travel services

Projects Abroad Travel can arrange your flights - see page 48 for details. Airport transfers in the destination are free for all volunteers.

Your resume

Our unique range of work placements combined with the experience of living and traveling overseas is a real boost to any resume.

Learn a language

Living with a family and working with local people is a great opportunity to learn a language. Intensive full-time language courses and 5-hour, 14-hour, 30-hour and 60-hour language add-on courses.



> Pricing

All Projects Abroad volunteers and interns have to pay to cover the costs of their arrangements. Prices for programs range from INR 117,000 to over INR 390,000 depending on the project, location, and length of trip.

Additional costs include flights and visas where applicable. See page 47 for a detailed description of what you get for your money as a Projects Abroad volunteer. For a complete and up-to-date list of prices, please visit www.projects-abroad.in/prices

*Price levels for project types are based on the median cost of all options; price levels for destinations are based on the price of Medicine & Healthcare projects in that country, or Care if there are no Medicine projects.

> Some of Our Achievements

26

The number of schools, spanning 12 countries, where our volunteers launched campaigns in 2015 to help improve literacy.

30+

The number of developing countries that we work in across five continents.

41

The different nationalities of our volunteers.

50+

The number of projects directly funded and operated by Projects Abroad staff and volunteers.

60+

The number of locations where we hold medical outreach and awareness programs.

230

The number of Disaster Relief volunteers who helped rebuild seven schools and a day care center following Typhoon Haiyan in the Philippines.

478

The number of bird species identified in the Taricaya Ecological Reserve in Peru (more than one species of bird for every hectare in the reserve).

1,000+

The number of projects that we offer our volunteers and interns, ranging from Teaching and Conservation to Medicine and Human Rights.

2,000+

The number of cases that our Law & Human Rights interns have completed to date.

4,500

The number of students who can attend school thanks to the efforts of our Disaster Relief volunteers in Nepal and the Philippines.

20,580

The number of students, across 350 schools, who benefitted from our Teaching Projects in 2015. Our volunteers have taught conversational English, French, German, math, art, drama, sports, music and IT!

100,000+

The number of Projects Abroad volunteers to date.

> What To Do and Where To Go



Archaeology



Building



Business



Care



Conservation & Environment



Culture & Community



Medicine & Healthcare



Law & Human Rights



Journalism



Microfinance



Sports



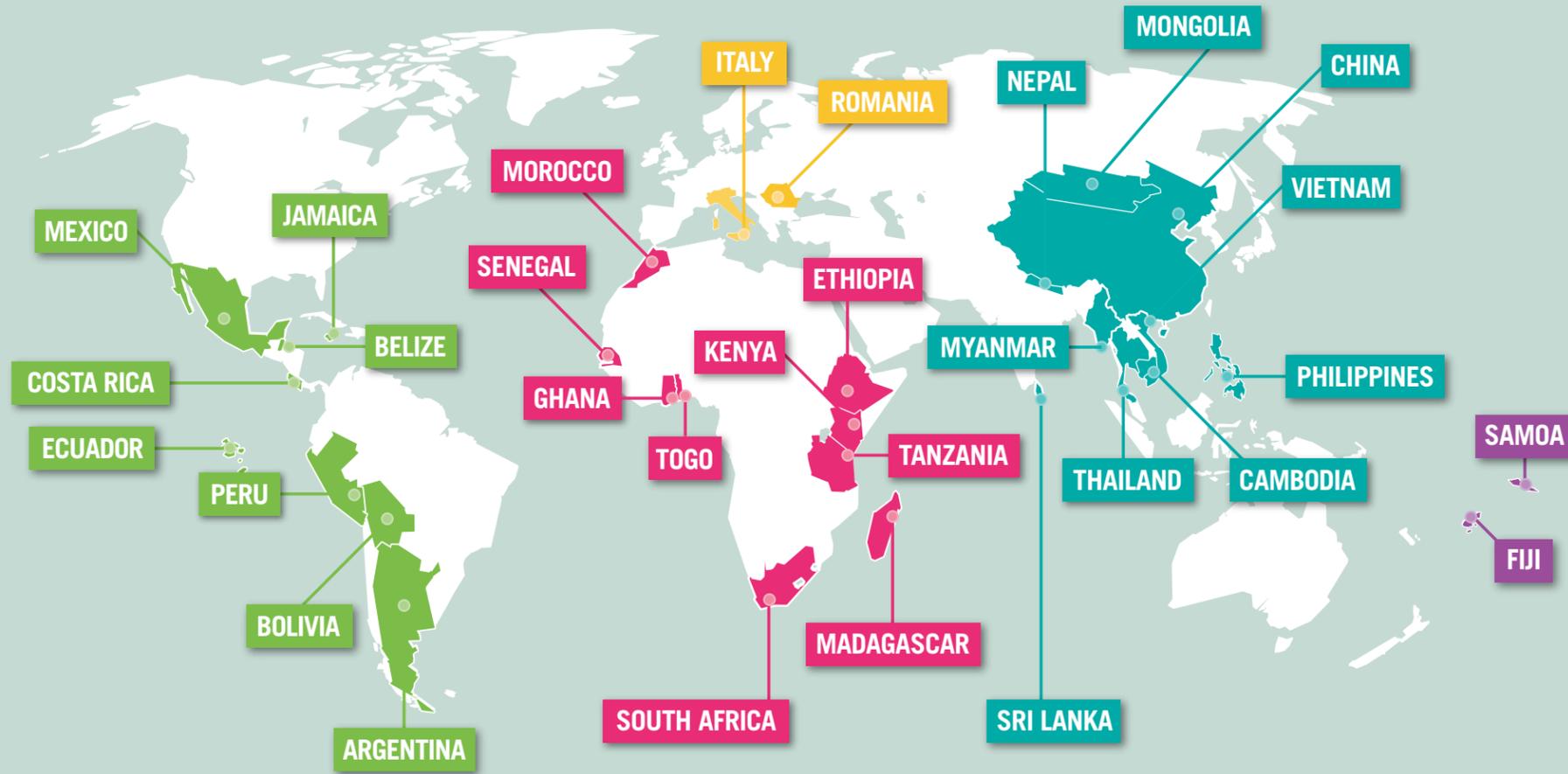
Teaching



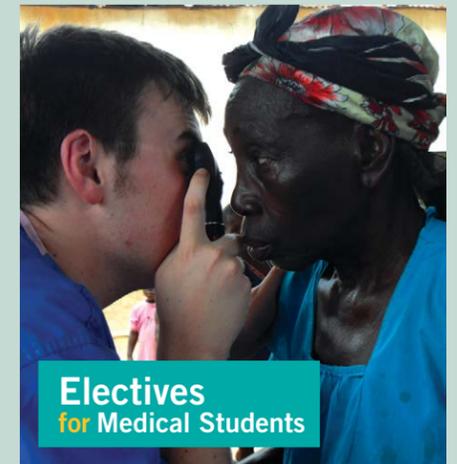
Veterinary Medicine & Animal Care



High School Specials



Language Courses



Electives for Medical Students

Project Specific Requirements



DESTINATION	JOURNALISM	LAW & HUMAN RIGHTS	MEDICINE & HEALTHCARE
Argentina	Intermediate Spanish	No Language Requirements	Intermediate Spanish
Belize	N/A	N/A	No Language Requirements
Bolivia	Basic Spanish	N/A	Intermediate Spanish
Costa Rica	Basic Spanish	N/A	N/A
Jamaica	No Language Requirements	No Language Requirements	No Language Requirements
Mexico	Basic Spanish	N/A	No Language Requirements
Peru	N/A	N/A	Intermediate Spanish
Ethiopia	No Language Requirements	N/A	No Language Requirements
Ghana	No Language Requirements	No Language Requirements	No Language Requirements
Kenya	N/A	N/A	No Language Requirements
Morocco	N/A	Advanced French or Arabic	Intermediate French or Arabic
Senegal	Intermediate French	Advanced French	Intermediate French
South Africa	No Language Requirements	No Language Requirements	No Language Requirements
Tanzania	No Language Requirements	No Language Requirements	No Language Requirements
Togo	Intermediate French	Intermediate French	Intermediate French
Romania	No Language Requirements	N/A	No Language Requirements
Cambodia	No Language Requirements	No Language Requirements	No Language Requirements
China	No Language Requirements	No Language Requirements	No Language Requirements
Mongolia	No Language Requirements	No Language Requirements	No Language Requirements
Nepal	N/A	N/A	No Language Requirements
Phillipines	No Language Requirements	N/A	No Language Requirements
Sri Lanka	No Language Requirements	N/A	No Language Requirements
Vietnam	N/A	N/A	No Language Requirements
Fiji	N/A	N/A	No Language Requirements
Samoa	No Language Requirements	N/A	No Language Requirements
High School Specials	No Language Requirements	No Language Requirements	No Language Requirements

Language requirements for internships

Interns do not need any experience to participate in the majority of our programs. There are, however, a few exceptions where we require knowledge of a foreign language. Use this chart of our projects with language requirements to see if certain programs are right for you. Please contact us if you have any questions.

Key:
AFRICA • **EUROPE** • **ASIA** • **SOUTH PACIFIC** • **LATIN AMERICA AND THE CARIBBEAN**
N/A: PROJECT IS NOT AVAILABLE IN THAT COUNTRY

Who Are Our Volunteers?



Muskaan Jidge
High School Special in Cambodia

High School Student

Apart from learning so much, I was able to make wonderful friends from all across the globe and come back home with some unforgettable memories. If anyone has the opportunity to do a trip like this then they should 100% do it, because they won't regret it.



Snobar Mistry
Care in Jamaica

Recent Graduate

This experience will grant you friends for life, experiences and memories to cherish and a world of opportunities that you couldn't possibly imagine. So go ahead open your minds and hearts and become a part of the Projects Abroad family.



Anne French
Teaching in Bolivia

Retiree

My teaching time at the Universidad de San Simon in Cochabamba was incredibly special to me. I taught conversational English and had more fun than I've had in a long while! We studied song lyrics, chatted about Bolivia's history, famous Bolivians, economics, space travel, Facebook, texting and much much more. We laughed and learned together. I learned from my students about festivals in Bolivia, what foods to try, where to visit, about Bolivian music, and about Bolivia's challenges and successes. The students were all wonderful, and made me so welcome and brought me joy. On top of that Bolivia is an amazing country to explore.



Madeleine Fitzpatrick
Medicine in Nepal

Gap Year Student

I decided to go on a gap year before starting university and I chose to go to Nepal, as I had never been to Asia before, and wanted to experience a completely different culture. What persuaded me to go the most was hearing how friendly the people are and how beautiful and mountainous the country is. I volunteered at a cancer hospital where the staff was really friendly and the experience was very beneficial to my medical knowledge. I watched a lot of surgeries where tumors were removed and spent time in other departments with all the doctors who spoke unbelievable English and explained everything that they were doing. Projects Abroad were really helpful in organizing everything and it was great to meet other volunteers from all over the world. I would recommend doing this to anybody and I cannot wait to plan my next trip!



Fariche Alleyne
Conservation & Environment in South Africa

Career Breaker

My experience in Botswana & South Africa is one I will cherish for a long time. It was truly the best trip I've taken so far. The amount of animals I was able to see in their natural habitat was amazing, such as elephants (a lot!), zebras, hyenas, jackals, ostrich, rhinos, giraffes, impala, kudus, vultures and so much more. Not to mention the conservation work- It felt really good to be contributing in a helpful way and at the same time learning and having fun. I looked at the pictures from time to time and I am still amazed that I was there in the flesh. I would recommend this project to anyone who wants real, hands on conservation experience and would like to learn in the process. I am so happy I took a chance, got over whatever nerves I had at the time and went for it. And if you're thinking about it - I say go for it, you won't regret it.



> Volunteer Abroad



Care

CARE PROJECTS AVAILABLE IN:

Argentina, Belize, Bolivia, Cambodia, China, Costa Rica, Ecuador, Ethiopia, Fiji, Ghana, Jamaica, Kenya, Madagascar, Mexico, Mongolia, Morocco, Myanmar, Nepal, Peru, Philippines, Romania, Samoa, Senegal, South Africa, Sri Lanka, Tanzania, Thailand, Togo, Vietnam.

All over the world there are huge numbers of children and adults in need of care and attention. By volunteering on a care placement with Projects Abroad you can help make an invaluable difference to these people's lives.

No previous experience or qualifications are needed, simply a passion to care for those less fortunate than yourself.

Volunteering on a Care placement with Projects Abroad could have you working in orphanages or care centers with children or

adults from underprivileged backgrounds. In some destinations this will require caring for street children and those with varying mental and physical disabilities. Some care placements are based in kindergartens or special needs schools where help with basic education is appreciated.

The main role of a volunteer is to help out with the day-to-day running of the centers. You may assist with meal times, washing, dressing, and also organizing games and activities. Many volunteers

choose to incorporate their own interests and talents into these activities. This may include sports matches or arts and crafts sessions.

Conditions at the Care projects are often basic and the staff may be overworked. Volunteers make an extremely worthwhile contribution by giving children the attention and support they need to grow. An experience like this is sure to be rewarding not only for the children or adults you work with, but also for you.



Teaching

TEACHING PROJECTS AVAILABLE IN:

Argentina, Belize, Bolivia, Cambodia, China, Costa Rica, Ecuador, Ethiopia, Fiji, Ghana, Jamaica, Kenya, Madagascar, Mexico, Mongolia, Morocco, Myanmar, Nepal, Peru, Philippines, Romania, Samoa, Senegal, South Africa, Sri Lanka, Tanzania, Thailand, Togo, Vietnam.

Teaching placement is ideal for anyone wanting to make a positive contribution to communities across the developing world. No teaching qualifications are necessary and you do not need to know how to speak the local language. All that is required is a good level of spoken English and an enthusiasm to teach!

As a volunteer your role will usually involve working in a school or university. Some schools may be based within an orphanage, or form part of a Projects Abroad

community school. You will find yourself teaching classes and/or assisting local teachers with their lessons. Often the local teachers are very capable of teaching the structural aspects of the English language but lack conversational skills and correct pronunciation. The amount of lessons you are timetabled to teach will vary depending on the destination you choose.

Prior to departure, Projects Abroad will provide each volunteer with information on where you will be teaching along with comprehensive teaching resources

including advice, ideas and games. The students will benefit greatly from having you there. They will be excited to find out everything about you and why you chose to teach in their country.

Many volunteers help out in other areas too, teaching other subjects like French or mathematics, and taking charge of extra-curricular activities such as sports, music lessons or drama classes. You can often choose to help with classes in a subject you specialize in alongside teaching some English.



Conservation & Environment

CONSERVATION & ENVIRONMENT PROJECTS AVAILABLE IN:

Belize, Cambodia, Costa Rica, Ecuador, Fiji, Kenya, Madagascar, Mexico, Nepal, Peru, South Africa, Thailand.

Volunteer on a Conservation & Environment placement and help to conserve some of the world's most beautiful and fragile ecosystems.

You can join a Conservation project at any stage in your life. Whether you are taking a year off before university, a career break or simply looking to take time out, you can make a valuable contribution. No previous experience is required as all

volunteers will have relevant training at the start of their placement.

Projects Abroad works across the globe on a wide variety of different Conservation projects - from the national parks of South Africa and Kenya to the beaches of Mexico.

You may find yourself scuba diving and surveying local marine life in Cambodia or Thailand, researching

sharks in Fiji, working in the heart of the Amazon Rainforest in Peru or helping to protect numerous endangered species in the Nepalese Himalayas.

Whichever destination you choose you are sure to have the experience of a lifetime. You will work in some of the most incredible environments on the planet, helping to sustain their biodiversity for generations to come.



Sports

SPORTS PROJECTS AVAILABLE IN:

Argentina, Bolivia, China, Costa Rica, Ecuador, Ethiopia, Fiji, Ghana, Jamaica, Kenya, Mexico, Mongolia, Morocco, Peru, Philippines, Romania, Samoa, Senegal, South Africa, Sri Lanka, Togo, Tanzania, Vietnam.

Help inspire children with a love for sports and fitness by joining a Projects Abroad Sports placement.

Sport provides both mental and physical benefits. It also teaches important life-skills such as discipline, team-work and communication. Regular sports lessons and matches can have a positive impact upon those from impoverished areas.

Volunteers will be responsible for making sports available to all. These

placements are ideal for anyone with a passion for sports, usually regardless of previous coaching experience.

You could find yourself coaching soccer in Ghana, surfing in South Africa or even basketball in Peru. You will be responsible for helping in the organization of all aspects, from setting up training drills and fitness sessions to coaching teams in competitive games and tournaments. In

doing so, you will help foster local talent

while improving the quality of life for local communities.

Whichever Sports placement you choose, Projects Abroad will assist you along the way to ensure both volunteers and students get the most out of each experience.

Some destinations have coaching requirements. Please contact us to see which Sports placements you would be best suited to.



Archaeology

ARCHAEOLOGY PROJECTS AVAILABLE IN:
Peru, Romania.

Volunteering on an Archaeology placement with Projects Abroad is the perfect way to gain professional work experience in an exciting and unique environment.

Our projects are suitable for all, whether you are currently studying or simply have a general interest in archaeology. Projects Abroad will provide all volunteers with a placement that is well suited to their individual skills and ability.

We have Archaeology projects in Peru and Romania. Both placements offer very different experiences. Whether you decide to volunteer in Eastern Europe or in South America, you are sure to benefit from the support of the Projects Abroad staff and work closely with local archaeological experts.

In Romania, your role may include clearing sites, cleaning and reconstructing items such as pottery

pieces and tools, writing reports, making proposals for new sites in the area and presenting proposals to national and international donors.

In Peru, you will work in the Sacred Valley of the Incas. You will gain hands-on experience in a range of archaeological and historically related work and help with local community projects.



Building

BUILDING PROJECTS AVAILABLE IN:
Ghana, Jamaica, Nepal, Philippines, Senegal, South Africa, Tanzania.

Some of the most important work that needs to be done in developing communities is setting up basic infrastructure. In many countries, the buildings in which locals live and attend school are in a serious state of disrepair.

By volunteering on a Building project you will help construct better quality homes and classrooms for children and their families. In some of our destinations, you will help rebuild communities devastated by natural disasters.

The work you do will make a lasting difference to the lives of the local people.

You can volunteer on a Building project at any age. No previous building experience is required, but you do need a good level of physical fitness and a willingness to work hard.

There are plenty of activities you can get involved in such as mixing cement, digging foundations, plastering and painting. Volunteers often work in the early mornings

and late afternoons to avoid the heat.

We have building projects in a variety of destinations contributing to all types of sustainable projects. Whether you want to experience rural life in Ghana or a big city in South Africa, there are many different options to choose from.

If you want to get your hands dirty and see physical results from your placement overseas, then a Building placement is a great choice.



Creative & Performing Arts

CREATIVE & PERFORMING ARTS PROJECTS AVAILABLE IN:
Bolivia, Ecuador, Jamaica, Romania, Senegal, South Africa, Togo.

If you have a passion for the arts then you can really make a difference by volunteering on one of our Creative & Performing Arts placements abroad. By spending time on a Creative & Performing Arts project, you get to impart your knowledge about the art

form you specialize in while learning about local traditions in the destination country.

For volunteers looking to do performing arts, we recommend that you have some background in the area of the project you want to do in order to take on more

independent work, though it's not required to join the placements. As long as you have a general interest and are willing to fully invest yourself in your students, then you'll have a fabulous time abroad!



Culture & Community

Agriculture & Farming

CULTURE & COMMUNITY AND AGRICULTURE & FARMING:
Argentina, Cambodia, Fiji, Ghana, Jamaica, Mongolia, Morocco, Samoa, South Africa, Tanzania, Togo, Vietnam.

A community-based project allows volunteers to become completely immersed in the local culture of a developing country.

You could find yourself joining cultural preservation projects in Jamaica, teaching computer lessons in Vietnam or educating local people about organic food production in South Africa.

By volunteering abroad on these projects, you will be contributing toward

the preservation of some extraordinary ways of life and working with many local people to achieve a common goal.

In Mongolia and Morocco, volunteers have the unique opportunity to live and work with nomadic tribes.

In Ghana, Jamaica and Argentina, you could volunteer on a community farming project and help educate local people on the importance of farming sustainably.

Whichever project you choose, you will

experience an entirely different culture by living and working within a local community. The people you meet will be just as enthusiastic to learn about your country as they are to teach you about theirs.

Some of the destinations where we run community projects require volunteers to have previous experience or knowledge of a foreign language. Please contact us to find out which destination would be the most suitable for you.

› Intern Abroad



Medicine & Healthcare

MEDICINE & HEALTHCARE PROJECTS AVAILABLE IN:

Argentina, Belize, Bolivia, Cambodia, China, Ethiopia, Fiji, Ghana, Jamaica, Kenya, Mexico, Mongolia, Morocco, Nepal, Peru, Philippines, Romania, Samoa, Senegal, Sri Lanka, Tanzania, Thailand, Togo, Vietnam.

Interning on a Medicine & Healthcare placement with Projects Abroad will give you invaluable insight into the challenges faced by medical institutions in the developing world.

Whether you are in high school, university, looking to get into medical school or a trained professional, you will have a vital role to play in one of the many hospitals, clinics and centers that we work with. Our placements are suitable for people of all levels of experience,

across the fields of medicine, physical therapy, nursing, midwifery, dentistry, nutrition, occupational therapy and speech therapy. We will work with you to find a placement most suited to your ability and qualifications.

As an intern you will work alongside local doctors and nurses, sitting in on consultations, going on rounds, and observing different procedures. You will be assigned a local doctor or nurse who will act as your supervisor and co-ordinate your

placement. You will have lots of clinical exposure, learn more about medicine in general, and see how it is practiced in a particular developing country.

Some of the destinations in which we run medical projects require volunteers to have previous experience or knowledge of a foreign language. Please visit our website or contact us to find out which destination would be the most suitable for you.



Electives for Medical Students

ELECTIVES FOR MEDICAL STUDENTS AVAILABLE IN:

Argentina, Bolivia, China, Ghana, Jamaica, Kenya, Mexico, Mongolia, Morocco, Nepal, Peru, Sri Lanka, Tanzania, Togo, Vietnam.

Projects Abroad can arrange elective placements for students studying medicine, dentistry, nursing, midwifery, physical therapy and occupational therapy. We tailor placements to meet your specific objectives and requirements.

We have over 20 years of experience collaborating with medical professionals in the developing world. Therefore, your elective placement is certain to be a rewarding experience in whichever country you decide to visit.

There are often limited resources in the hospitals and clinics in which you will work, so medical staff are eager to receive extra help and expertise. Students will find themselves assisting patients who have conditions rarely seen in the developed world, such as malaria, leprosy and polio. Patients often lack the money to pay for treatment, so cases are usually more advanced than those seen in Western hospitals.

You will have a supervisor who will coordinate your placement and provide

you with a clear daily timetable to ensure you get the most out of your elective. You will be expected to use the skills and knowledge you have acquired in your studies to care for patients and advise less experienced interns.

Some of the destinations where we run electives require volunteers to have previous experience or knowledge of a foreign language. Please visit our website or contact us to find out which destination would be the most suitable for you.



Journalism

JOURNALISM PROJECTS AVAILABLE IN:

Argentina, Bolivia, Cambodia, China, Costa Rica, Ethiopia, Ghana, Jamaica, Mexico, Mongolia, Philippines, Romania, Samoa, Senegal, South Africa, Sri Lanka, Tanzania, Togo.

If you are contemplating a career in the media and looking for a challenging but rewarding experience, a Journalism placement may be right for you.

Interns can choose to work on a print journalism placement or on a broadcast placement. We also offer film production in Tanzania.

A project in print journalism will provide you with a unique insight into the culture of the local community in which you are based. You will work with

a newspaper or magazine, where you will learn valuable journalism skills and gain important experience in this field.

Alternatively, if you prefer broadcasting, Projects Abroad can arrange a placement working at either a TV or radio station. This is a great way to enhance your knowledge and understanding of the communities and attitudes of the country you're in while gaining unique work experience. Depending on your abilities, you may find yourself writing articles,

behind-the-scenes, or even presenting in front of the camera.

Whichever project you choose you will get to meet a variety of people from all areas of society, getting practical journalism experience.

Some of the destinations where we run journalism projects require volunteers to have previous experience or knowledge of a foreign language. Please visit our website or contact us to find out which destination would be the most suitable for you.



Law & Human Rights

LAW & HUMAN RIGHTS PROJECTS AVAILABLE IN:

Argentina, Cambodia, China, Ghana, Jamaica, Morocco, Mongolia, Senegal, South Africa, Tanzania, Togo.

Interning on a Law & Human Rights project gives you the chance to make a real difference to the lives of people in the developing world. You will gain a unique insight into day-to-day legal practice in a developing country as well as first-hand experience of human rights law in practice.

If you are considering a career in law then a voluntary placement with an overseas law firm will greatly enhance your resume. These placements are also suitable

for law graduates and professionals who wish to gain international experience. As an intern you will become part of a legal team providing advice and support to individuals, businesses and community organizations.

Your precise role will be determined by your level of experience and your specific topics of interest. You could find yourself focusing on community-based dispute resolution in Ghana, domestic violence in

South Africa or real estate law in China. Whichever placement you choose, you will become a valued member of the team, helping to make a real contribution.

Some of the destinations where we run Law & Human Rights projects require volunteers to have previous experience or knowledge of a foreign language. Please visit our website or contact us to find out which destination would be the most suitable for you.



Business

International Development

BUSINESS AND INTERNATIONAL DEVELOPMENT PROJECTS AVAILABLE IN:

Costa Rica, China, Jamaica, Mexico, Mongolia, South Africa, Sri Lanka, Vietnam.

Projects Abroad Business and International Development placements are designed to give interns hands-on experience working as part of an overseas company or organization. We work with a range of businesses around the world. Some are based in modern sky scraper offices, while other smaller companies operate without the latest resources and technologies.

Your role as an intern may include contacting clients, researching for current or future projects, creating

portfolios and attending meetings.

Whether you choose to intern on a Business placement in China, Mongolia, or Sri Lanka, or on an International Development project in Vietnam, South Africa or Mexico, you are certain to gain valuable international work experience. You will also immerse yourself in a new way of life and learn about the unique culture of the country in which you intern.

Business and International Development placements are individually tailored to each intern's qualifications, abilities, previous

experience, and specific interest. We therefore ask that you send us a copy of your resume with your application as well as a cover letter explaining the type of placement you'd like us to organize for you. That way we can ensure that your internship is best suited to your skills.

Some of the destinations in which we run Business projects require volunteers to have previous experience. Please visit our website or contact us to find out which destination would be the most suitable for you.



Microfinance

MICROFINANCE PROJECTS AVAILABLE IN:

Cambodia, Ghana, Senegal, Tanzania.

If you are looking for a unique way to help vulnerable groups in a developing country, then a Microfinance placement may be right for you. These projects are designed to benefit the local people we work with, while also giving you practical work experience and improving your resume.

Our Microfinance projects all follow a similar model. The projects provide individuals or groups with small loans which over time and

with guidance they will reimburse. Following complete reimbursement new candidates will be selected.

Volunteers support the loan applicants throughout the whole process, from initial applications to running their new businesses once they are established.

No experience is necessary, but you need to be ready for a challenge. Your role as a volunteer may include reading through

business plans, developing market strategies, interviewing and selecting potential candidates, managing loan accounts, organizing training workshops and providing general business guidance and support.

Whichever destination you choose, your input will be greatly encouraged and appreciated. Our Microfinance internships will give you a unique insight into the business world in your chosen country.



Veterinary Medicine & Animal Care

VETERINARY MEDICINE & ANIMAL CARE PROJECTS AVAILABLE IN:

Argentina, Bolivia, China, Ghana, Jamaica, Mexico, Romania, South Africa, Sri Lanka.

Our Veterinary Medicine placements are ideal for those considering a career as a vet and looking to gain work experience. Alternatively, if you simply love animals and are looking for a more general role, we have several Animal Care projects to suit you too. Some placements combine both a Veterinary Medicine and Animal Care role.

In the developing world, animals are often used in place of expensive farming machinery that would be more commonly seen in the West. This means there is a higher

dependency on livestock, making it important that they remain fit and healthy. There are also much higher rates of animal neglect in these countries. Many families simply cannot afford to feed animals in addition to themselves and this is why your help is needed.

Working as an intern with Projects Abroad, you will gain some fantastic work experience that would often not be possible in your own country. You could find yourself working in a veterinary clinic or in an animal center, where your work is likely to involve going out on

visits in the local community. Depending on your destination, you may see many different types of animals, such as snakes, penguins or even pandas! You are also likely to witness diseases and conditions that are rarely seen in the developed world.

Some of the destinations in which we run veterinary medicine projects require volunteers to have previous experience or knowledge of a foreign language. Please visit our website or contact us to find out which destination would be the most suitable for you.



Language Courses & Add-ons

LANGUAGE COURSES AVAILABLE IN:

Argentina, Bolivia, China, Costa Rica, Ecuador, Ethiopia, Ghana, Jamaica, Kenya, Mexico, Mongolia, Morocco, Peru, Philippines, Romania, Samoa, Senegal, Sri Lanka, Tanzania, Togo, Vietnam.

Why not learn a new language in a unique and diverse community overseas? You can choose to combine volunteer work with a language course add-on or take an intensive stand-alone language course.

These courses are perfect for anyone wanting to learn an international language, such as French or Spanish. They are also suitable for those interested in learning the local language

of a particular country, such as Swahili in Tanzania or Quechua in Bolivia or Peru.

With help from our language teachers, you will improve your speaking, reading and writing skills through one-on-one tutoring or small group sessions. We will tailor the course to meet your needs by speaking to you personally and adapting the course to how you learn best. It may surprise you how quick and easy it is to learn a foreign language when you are

immersed in it overseas. There will be plenty of opportunity to practice what you have learned while spending time with your host family and fellow volunteers.

If you decide to take a language course alongside volunteering, we will organize your classes around your placement. Alternatively, if you choose to take an intensive language course, you can always arrange to volunteer after the course has finished.

Africa

› Ethiopia

ADDIS ABABA

INDIAN OCEAN

PROJECTS AVAILABLE:

Care, Journalism, Medicine, Physical Therapy, Sports, Teaching, Language Course (Amharic), High School Specials

From the fertile countryside and multi-colored lakes of the Rift Valley to the world-renowned Lalibela churches and the dramatic snow-capped peaks of the rugged Simien Mountains, Ethiopia is a far cry from the parched and barren land it's sometimes been portrayed as on the news. This is a vibrant and exciting country, where the locals are waiting to welcome you.

Our projects are based in the Ethiopian capital, Addis Ababa. It's a rapidly growing city that sits at an altitude of 2400 meters. Addis is a fascinating mix of old and new – you'll find mud huts hiding in the shadows of lavish high-rise hotels and priests in traditional dress hurrying down the streets alongside suited business men.

There are several projects to choose from. You could, for example, help by teaching conversational English in a local school. In

the last few years Ethiopia's government has made education one of its top priorities. The rapid growth of Addis and the emergence of a small Ethiopian middle class has made learning English a necessity for students looking to enter into higher education or find a job with one of the capital's international employers. Alternatively, you could gain valuable work experience on one of our Journalism or Medical projects.



› Ghana

Ghana is a beautiful country on the west coast of Africa, renowned for the friendliness and warmth of its people. Ghana has great beaches, wild savannah and dense rainforests. This English speaking country provides volunteers with a wonderful introduction to Africa; it is politically stable, safe and affordable.

Our projects are available for anyone interested in volunteering, including those on a gap year, career break or as summer work experience while in school.

We have projects in many areas of Ghana. Some of our Medical, Care, Journalism, Teaching, Sports and Veterinary projects are based in the capital, Accra. We also place volunteers in Cape Coast. If you are looking for a more rural location, you could join one of our projects in the Akuapem Hills.

All volunteers live with a local host family. The generous Ghanaian hospitality makes living with a

family a special experience. Living in Ghana, you will need to adapt to the bizarre and unfamiliar from fufu for lunch to car-shaped coffins.



ACCRA

ATLANTIC OCEAN

PROJECTS AVAILABLE:

Agriculture & Farming, Building, Care, Dentistry, Dentistry Electives, HIV/AIDS, Journalism, Law & Human Rights, Medicine, Electives for Medical Students, Midwifery, Microfinance, Nursing, Physical Therapy, Public Health, Sports, Speech Therapy, Teaching, Veterinary Medicine, Language Course (Twi), High School Specials

› Kenya

NANYUKI

INDIAN OCEAN

PROJECTS AVAILABLE:

African Savannah Conservation, Care, Dentistry, Medicine, Medical Electives, Nursing, Occupational Therapy, Sports, Teaching, Language Courses (Swahili), High School Specials

Kenya is an enchanting country, full of friendly people and untouched, natural beauty. It's Africa's original safari destination and is renowned for its magnificent national parks, lush forests, breathtaking mountains and tribal cultures which have been attracting explorers, adventurers and travellers for centuries.

Projects Abroad is based in the town of Nanyuki, 125 miles north of Nairobi. Our Conservation project is based in Kigio National Reserve in the Rift Valley.

Kenya is an extremely welcoming country and its incredible diversity of wildlife, landscapes and cultures make it a great place to volunteer.

From teaching children and young adults how to play soccer to protecting endangered animals there are numerous volunteer projects to choose from. These projects are perfect for anybody looking to gain experience or help make a difference in the developing world.





Madagascar

Located off the east coast of Africa, Madagascar is known for its extraordinary wildlife, lush rainforest, and extensive coastline. Although tourism and agriculture are both major sources of growth, at least two-thirds of the population lives below the national poverty line. Madagascar also has one of the highest percentages of endemic species on the planet, with most of its animal and plant species found nowhere else in the world. Such distinctiveness has led to claims that Madagascar should be considered the eighth continent and it is recognized as a global hotspot for biodiversity.

Volunteers can have a great impact in Madagascar helping with education and preserving the unique natural environment. Volunteers can work with care centers and kindergartens in Moramanga that provide care and education to children from impoverished backgrounds, or you could play a key role in teaching English, and

helping children build on their reading, writing, and comprehension abilities. There is also the opportunity to volunteer on our Rainforest Conservation project. It is estimated that 90% of Madagascar's forest has already been lost, and volunteers can play an important role in ensuring there is still forest habitat for Madagascar's endemic species in the years to come.



PROJECTS AVAILABLE:
Care, Teaching, Rainforest Conservation, High School Specials



Morocco

Historically, Morocco has been a crossing point for travellers, migrants and traders from all over Africa, Europe and the East. Such diverse influences have contributed to an amazing richness and complexity in cultural life, from art to architecture, music to cuisine. In Moroccan cities you will find maze-like alleys and bustling markets. Beyond the cities you'll find the snowy Atlas Mountains and the mighty Sahara Desert.

Our projects are based in Rabat, an ancient imperial city and Morocco's political capital. With fewer tourists here than in other large Moroccan cities, you will find it easier to immerse yourself in the culture and interact with the local people.

Both Arabic and French are widely spoken throughout Morocco, making it a fantastic place to take one of our language courses. You could teach English to local students who would otherwise have very little exposure to the language. Alternatively, those looking to really

get away from it all have the opportunity to live and work with the Moroccan nomads on the edge of the Sahara desert.



PROJECTS AVAILABLE:
Care, Human Rights, Medicine, Electives for medical students, Midwifery, Nomad Project, Nursing, Occupational Therapy, Physical Therapy, Speech Therapy, Sports, Teaching, Teaching IT, Language Courses (Arabic, French & Tamazight), High School Specials



Senegal



PROJECTS AVAILABLE:
Care, Building, Human Rights, Medicine, Microfinance, Midwifery, Music & Culture, Nursing, Teaching, Sports, Language Courses (French & Wolof), High School Specials

From the arid deserts in the north to the tropical jungle in the far south, the cool breezes along the coast to the furnace-like heat of the interior, the thriving commercial centers to the isolated mud-hut settlements, Senegal really is a land of contrasts. The country still retains much of the French influence from colonial days, making it a perfect destination for volunteers looking to improve on their French.

Our projects are based in St Louis, approximately four hours north of the capital Dakar. St Louis has a very French feel to it, with colonial architecture and patisseries, but at the same time provides a fascinating insight into the every-day lives of the Senegalese.

Our Music & Culture project is perfect for enthusiastic and creative volunteers who have a musical flair. Alternatively, you could help the street children of St Louis to build a sustainable future through small scale entrepreneurship on

our pioneering Microfinance project. Living with a host family in Senegal will allow you to immerse yourself completely in the local culture. On your days off, head to one of the nearby white-sand beaches to kick back and relax.



South Africa

With beautiful beaches, breath-taking sunsets and welcoming locals, the 'Rainbow Nation' has something for everyone. All of our projects are based in and around the cosmopolitan city of Cape Town. There is plenty for you to do here from surfing to whale watching, climbing Table Mountain, to tasting the local wine.



Most of our projects are based in the townships of Lavender Hill and Vrygrond, and in the smaller outlying suburbs. By living and working in these mixed-race communities, you will start to understand the complexities of South Africa's past and help give the younger generation the tools they need for the future.

Volunteers who would like to work with children could teach English in a local school, work in a creche, or inspire a younger generation of Cape Town kids to get into surfing. Those looking to gain work experience could choose from a range of innovative projects in the fields of Journalism, Law & Human Rights or Animal Care.

Our Conservation project is located on the Botswana side of the Limpopo River border with South Africa. Your time on this project may include collecting scientific data by doing research on the elephant population, building bird hides and learning skills such as animal tracking and GPS mapping.



PROJECTS AVAILABLE:
African Bushveld Conservation, Culture & Community, Animal Care, Building, Business, Care, International Development, Journalism, Law & Human Rights, Music & Dance, Nutrition, Sports, Teaching, Teaching IT, High School Specials



Tanzania

ARUSHA

DAR ES SALAAM

INDIAN OCEAN

PROJECTS AVAILABLE:
 Building, Care, Community Village Project, Dentistry, Human Rights, Journalism, Medicine, Microfinance, Midwifery, Nursing, Physical Therapy, School Sports, Speech Therapy, Teaching, Language Courses (Swahili), High School Specials

Tanzania is an intensely varied and colorful land on the East coast of Africa. Home to the continent's highest mountain, largest lake, huge wildlife reserves and hundreds of tropical beaches, it is without a doubt one of Africa's most appealing destinations. You will find yourself surrounded by music, culture and friendly people from the moment you arrive.



Although Tanzania remains one of the least developed countries in the world, the economy has improved greatly in recent years and the country's political stability forms a solid base for continued growth. Health care and education have also improved, and volunteers working in schools, care homes and medical institutions can help this progress continue.

Our projects are based in the coastal city of Dar es Salaam and in the northern town of Arusha. All volunteers live with local host families. There are numerous projects to choose from. You could volunteer on our Building project and help with the construction of class rooms and orphanages.

Alternatively, you could work in a busy maternity clinic, helping both pre and post-natal patients, and assisting staff with deliveries.



Togo

Togo is a vibrant and exciting country in which to volunteer. It's packed with things to see and do, and being such a small country you never have to travel very far to get anywhere. Although Togo became independent of France in 1960, French influence still exists country-wide and French remains one of the national languages.



All of our projects are based in Lomé, Togo's coastal capital city. The Togolese are well-known for their hospitality and all volunteers stay with a local host family in Lomé. Living with a family will allow you to immerse yourself fully in the Togolese culture. You can spend your free time relaxing on the beach or head inland and explore the waterfalls, coffee plantations and national parks.

As a volunteer in Togo, you could help by working with disabled children and adults on a Physical Therapy or Speech Therapy project.

Those looking to gain first-hand experience in human rights and law could find themselves working on a variety of different issues, ranging from police accountability and electoral transparency to prison conditions, on our Law & Human Rights project.

LOMÉ

ATLANTIC OCEAN

PROJECTS AVAILABLE:
 Agriculture & Farming, Arts & Crafts, Care, Dentistry, Dentistry Electives, HIV/AIDS project, Journalism, Law & Human Rights, Medicine, Electives for Medical Students, Midwifery, Nursing, Physical Therapy, Speech Therapy, Sports, Teaching, Language Courses (Ewe & French), High School Specials

What Our Volunteers Say

As soon as I landed I realized just how beautiful and peaceful the country really was. I fell in love with the landscape, the food, and most importantly the people who made my whole experience in Ethiopia amazing.



Angie Martin
Teaching English in Ethiopia

On the way to one particular activity we saw a herd of about 25 elephants. They had babies and juveniles. We were exceptionally close to these majestic creatures in their natural habitat. Your heart races with excitement and it is a real privilege to watch and anticipate their behavior in the wild. I am grateful to be in the small minority of people in the world who will have had that opportunity.



Rachel Bennett
Conservation in South Africa

During my four weeks at the hospital I got to see and do so much, including checking patient blood pressure, observing counseling sessions, testing blood samples in the lab and shadowing a doctor on his ward rounds.



Rebecca Wiley
HIV/AIDS in Ghana

I lived with a very kind and caring host family. During my time in Kenya I felt as though I was really part of the family I was staying with and was integrated directly into their life. My host mother had five children but only two stayed at home as they were still too young to board at school. They were both very funny and took pride in teaching me Kiswahili while I helped them with their science homework.



James Rivett
Medicine in Kenya

After work, Projects Abroad normally had a social event for us to attend – which were always very entertaining. Some examples would include: quiz night, glass painting, or even dance lessons! When there wasn't an event planned, my roommates and I were able to sit at home and socialize (in French) with our family while eating dinner.



Alendra Van Kirk
Care & Community with French in Senegal

One of my best memories is the sunrise over the desert, viewed from atop a rocky outcrop. Far below me swirled the morning fog, while on the horizon the first rays of sunlight cut across the seared desert landscape. Civilization was a distant memory. Anyone needing some time out should undertake the Nomad project: switch off your cell phone, leave your computer at home and head out to the desert.



Ryan Mallett-Outtrim
Nomad Project in Morocco



Asia

› Cambodia



PROJECTS AVAILABLE:
Care, Dentistry, Diving & Marine Conservation, Human Rights, Journalism, Khmer Project, Microfinance, Medicine, Occupational Therapy, Physical Therapy, Teaching, High School Specials



With its pristine beaches, ancient temples and lush jungles, Cambodia is Asia at its most exotic. It's a country in which the Khmer traditions are still thriving and the atmosphere is welcoming and laid back. If you're interested in volunteering in an unspoiled and

beautiful country, now is certainly the time to visit Cambodia.

Our projects are based in two locations in Cambodia. Our pioneering Conservation project is based on a small tropical island just off the Cambodia coast. Volunteers on this project learn to scuba dive and get involved in a variety of conservation activities. Volunteers on this project live in shared volunteer bungalows. All other projects are based in Phnom Penh, Cambodia's spirited and charming capital city. In Phnom Penh, volunteers live together in shared apartments close to the city center.

There are plenty of volunteer projects to choose from. Our Khmer Project offers volunteers the chance to experience all aspects of Khmer culture including history, cuisine, art and language.

› China

As one of the largest countries in the world and home to approximately one-fifth of the world's population, China is one of the most exciting and energetic places you could visit. Living and working in a rapidly developing country will provide you with an unforgettable experience and a fascinating insight into modern Chinese life.

Our projects are based in the charming city of Chengdu, the capital of Sichuan province. Home to the panda and gateway to the stunning natural beauty of western China, Chengdu is a place where top international businesses share the streets with tea houses and spicy hotpot restaurants. We also have projects in Shanghai, one of the world's largest cities, where you will gain first-hand experience of how quickly China is changing.

As a volunteer in China you could teach local children how to play soccer, take Mandarin lessons or even work with giant pandas at a

conservation and research center. Alternatively, you could complete a business internship and gain work experience in a country with a rapidly growing economy.



PROJECTS AVAILABLE:
Animal Care, Business, Care, Dentistry, Journalism, Law, Medicine, Electives for Medical Students, Sports, Teaching, Language Courses (Mandarin), High School Specials

› Mongolia



PROJECTS AVAILABLE:
Business, Care, Journalism, Law & Human Rights, Medicine, Electives for Medical Students, Midwifery, Nomad Project, Nursing, Physical Therapy, Sports, Teaching, Language Courses (Mongolian), High School Specials

Life in Mongolia is never dull. If you're after a different kind of adventure, it's definitely a destination to consider. You will be living in one of the world's most remote countries, where around a third of the population belong to nomadic or semi-nomadic herding tribes.

Our projects are based in the capital city, Ulaanbaatar – one of the most diverse and fascinating cities in Central Asia. Mountains, forests and the vast Mongolian steppe surround the capital, making for ideal hiking territory.

As an intern, you could work for a local newspaper, radio station or TV network as part of a Journalism project. Alternatively, you could assist local staff with the day-to-day running of orphanages and care centers in and around the city center.

Volunteers on our Nomad project will live with a nomadic family in a large, round tent known as a ger. Your daily life may include caring for

livestock, riding horses, herding yaks and cattle, helping to produce dairy products, and even teaching a little English





› Myanmar (Burma)

Myanmar offers the rare glimpse of what Southeast Asia was like before becoming a major tourist hotspot – an untouched mix of culture, history, and natural wonders without all the tourists. Only in 2011 did Myanmar begin lifting its tourism restrictions, ending years of isolation, military rule, and oppression. As a volunteer in Myanmar, you'll be providing much needed support to one of Asia's most underdeveloped and impoverished countries.

By volunteering in Myanmar, you will be contributing to the educational and emotional development of the country's most vulnerable children. Our Care project is based in Yangon, Myanmar's vibrant former capital. As a volunteer you could be caring for children in a local orphanage, helping children at a special need school, or providing support at a school for the deaf.

A short ferry ride away is Dala, a rural region where our Teaching project is located. Projects Abroad has partnered with a school run by a local

monastery. As a Teaching volunteer, you could make a significant impact by providing students with individual attention. You could let your creativity shine by teaching English through arts and crafts, music, drawing, and educational games.

In both locations, volunteers will live together in shared apartments and can explore the town like the locals do - by bicycle or on foot. With floating villages, beautiful temples, colorful markets, and friendly locals, volunteers will never be at a loss for what to do in their free time.

Volunteering in Myanmar is a fantastic way to contribute and give back while exploring an Asian country and culture.



PROJECTS AVAILABLE:
Care, Teaching, High School Specials



› Nepal



PROJECTS AVAILABLE:
Care, Dentistry, Disaster Relief, Himalayan Mountain Conservation, Medicine, Electives for Medical Students, Nursing, Physical Therapy, Teaching, High School Specials

Nepal is a tiny, yet stunning land of snow-capped mountains, windswept deserts, majestic temples and colorful cities. It's the perfect destination for anybody who loves the outdoors. The mountainous terrain is perfect for those seeking extreme mountain biking, climbing or trekking activities. Who wouldn't relish the opportunity to hike in the Himalayan foothills or trek through the jungle in Chitwan National Park?

The majority of our projects are based in and around Kathmandu – a city full of jostling crowds, rickety bullock carts and noisy auto-rickshaws. We also have projects in the Kathmandu valley and Bharatpur for those looking for a more rural location.

As one of the world's poorest countries, volunteers are desperately needed in Nepal. From helping children improve their English on a Teaching project to working in a rehabilitation center for disabled children on a Physical Therapy

project – there are many volunteer placements to choose from. These projects are perfect for anybody looking to gain experience or help make a difference in the developing world.

Our Conservation project is based in the Annapurna Mountain range, high in the Himalayas, and is ideal for people interested in wildlife research.



› Philippines

The Philippines is Asia at its most authentic. Situated to the west of the North Pacific Ocean, its closest neighbors are Taiwan to the north, Vietnam to the west and Borneo to the south.

With over 7000 islands set apart geographically and culturally from the mainland, the Philippines offers volunteers a unique Asian experience. The country still retains some of the Spanish influence from the colonial days, with regular fiestas and street parades.

Our projects are based in Cebu City on Cebu Island. Cebu offers endless white sandy beaches and clear seas with opportunities to dive or snorkel in your spare time. There's also plenty to do in Talisay City, with its vibrant local markets, modern shopping malls and regular street parades.

As a volunteer you could join a Care project, helping children with their homework, teaching them new games and helping them with some informal English lessons. Alternatively, you

could work alongside highly skilled doctors and nurses in hospitals and health centers on one of our Medical projects, where you will have the opportunity to work in a variety of departments.



PROJECTS AVAILABLE:
Care, Medicine, Public Health, Journalism, Teaching, Language Courses (Cebuano), High School Special



› Sri Lanka



PROJECTS AVAILABLE:
Business, Care, Dentistry, Medicine, Electives for Medical Students, Midwifery, Nursing, Physical Therapy, Print and Broadcast Journalism, Sports, Teaching, Teaching IT, Language Course (Sinhalese), High School Specials

Sri Lanka is the teardrop shaped island off the tip of southern India and is an exciting place to volunteer. This tropical island is famed for its palm-fringed beaches, tea-plantations and bio-diversity. Having moved on rapidly from the 2004 tsunami and the tensions of the last decade, Sri Lanka is now a peaceful and safe destination for travellers.

Our local office is based in the capital city Colombo. The majority of our projects are based along the coast within 2 hours drive of Colombo, between Negombo and Kalutara. We also have some Medical projects in Galle. As with most of our overseas volunteer projects, you will stay with a local host family, giving you insight into Sri Lankan culture and lifestyle.

The food in Sri Lanka is a real pleasure. You will be amazed at the range of fresh fruit and vegetables available, including the sweetest mango you're likely to have ever tasted. And don't forget to try some of the freshly caught fish!

As a volunteer in Sri Lanka, you could help by sharing your knowledge of IT with local children and adults alike on our Teaching project. Volunteers interested in gaining experience in healthcare can choose from Dentistry, Medicine, Midwifery, Nursing and Physical Therapy projects.





Thailand

Thailand is a great introduction to Southeast Asia. It's a beautiful country boasting pristine beaches, exotic cuisine and golden temples. Unlike much of Asia, Thailand has never been colonized by the West. Consequently, the Thai culture and Buddhist influences have remained largely untouched.

Volunteers can choose from Teaching, Care and Conservation & Environment placements in Thailand.

The majority of our projects are based in and around Krabi town and Ao Nammao, just outside of Krabi, where volunteers live with local host families. On weekends or days off, volunteers often choose to explore the surrounding area. Boats leave regularly from Krabi and Ao Nang to Ko Phi Phi Island or Railay Beach, famous for towering limestone cliffs and spectacular rock climbing.

Our Diving & Marine Conservation Project is located on the beautiful Andaman Sea coast near

Ao Nang. It is perfect for anyone interested in scuba diving, marine biology and environmental issues. All volunteers on this project stay in shared accommodation.



PROJECTS AVAILABLE:
Care, Diving & Marine Conservation, Teaching, High School Specials



Vietnam



PROJECTS AVAILABLE:
Care, Community Village Project, International Development, Medicine, Medical Electives, Nursing, Nursing Electives, Occupational Therapy, Physical Therapy, Physical Therapy Electives, Sports, Speech Therapy, Teaching, Language Course (Vietnamese), High School Specials

With mouth-watering street food, cultural sites throughout and ever-smiling locals, Vietnam really does have something for everyone. In your free time you can go hiking in mountainous Sapa, sail around Halong Bay's soaring limestone islets or head south and enjoy some relaxing beach vibes on the island of Phu Quoc.



Our projects are based in Hanoi, in the north of Vietnam. This bustling capital city is packed full of things to do. Beyond the throngs of mopeds and the urban bustle there is a charming old town to explore and hundreds of hidden temples and pagodas to discover.

There are a number of volunteer projects in which you could get involved, from working with disabled children on a Care project to teaching English in a school. All volunteers live in a shared house with other Projects Abroad volunteers.

Those looking for a more rural setting could volunteer on our Community project in the beautiful village of Mai Chau, helping local artisans to turn their skills of traditional weaving, tailoring and embroidering into a sustainable income. Volunteers on this project live with a local host family.

What Our Volunteers Say

"We sometimes had neighbors and locals also come and join in for a lesson to try and improve their English as well. There was a little girl who lived next door, who would come and sit on our laps and watch the English lessons. By the end of the two weeks, she had learnt how to count to ten. Every time we saw her she would show off her new skills. It was great to see everybody so keen to learn English, and it made me realize even more so, that we were really making a difference."



Jasmin Watson
Village Project in Vietnam

The Projects Abroad staff was really accommodating – they made sure to show me around my local area, took me to my placement and were always there to answer any questions and resolve any problems I had.



Vesselina Naskinova
Business in China

I would certainly recommend Mongolia as a medical elective destination with a difference, the challenges won't be easy but for me, the rewards were plenty. I was able to move between departments in the hospital, including Internal Medicine, Radiology, Endocrinology and Neurology to name a few.



Adam Spong
Medical Elective in Mongolia

Diving gave me a great sense of achievement, because I was either performing a reef check survey, (counting fish and coral species) or a debris dive (picking up all sorts of items off the sea floor). I would recommend Diving & Marine Conservation project in Thailand to anyone.



Josh Bateson
Conservation & Environment in Thailand

Every day I spent at my placement was both challenging and extremely rewarding. I always left feeling like I had learned something, whether it was from one of the adorable children, or the strong amazing local workers.



Kat Buczynski
Care in Cambodia

My overall experience in Nepal was incredible. Coming into a class and seeing big smiles and looks of excitement on the faces of all the children will be one of the everlasting memories that I will take with me from my time in Nepal.



Andrew Fryer
Teaching in Nepal



Europe

Italy

World famous for its cuisine, rich history, and beautiful landscapes, Italy is a top destination for thousands of tourists every year. Throughout history, southern Italy has served as a gateway to Western Europe for migrants and refugees crossing the Mediterranean from Africa. Today however, like much of Europe, Italy is facing a severe refugee and migrant crisis as tens of thousands of desperate people from Africa, Asia, and the Middle East risk their lives crossing thousands of miles of dangerous terrain and open water, in the hope of finding a better life for themselves and their families in Europe.

Projects Abroad has partnered with local organizations to work directly with recently arrived refugees and migrants. As a volunteer, your focus will be on “second response” work – helping refugees and migrants access the services and support necessary to adjust to their new lives. You may find yourself teaching English or Italian, assisting with cultural workshops and

integration classes, providing childcare, teaching basic IT, or organizing social events within the local community.

Located in Reggio Calabria - the “toe” of Italy’s boot-shaped peninsula, this sundrenched region is surrounded by turquoise waters and rugged mountains - giving volunteers lots to see and do.

Whatever your skills or expertise, you have something to offer. If you want to make a difference where help is urgently needed, this project is for you.



PROJECTS AVAILABLE:
Care (Refugee Project)



From painted monasteries to Transylvanian castles, Black Sea beach resorts to medieval towns, Romania has something for everybody. To live in Romania now is to discover a developing capitalist society; however, in rural communities life has changed little in decades.



Our projects are based in Brasov – right in the heart of “Dracula” country. In fact, the infamous Bran Castle is just down the road! Set in the Carpathian Mountains and with a ski resort nearby, the ancient city of Brasov is an unusual combination of impressive historical squares and former Communist tower blocks.

There are projects available for anyone interested in volunteering, whether you are on a gap year, a summer placement or a career break. If you love all things theatrical then you can work with students in a local drama group, helping them put on performances.

Alternatively, those interested in learning more about civilizations that have long-since disappeared could work alongside archaeological experts on our Archaeology project.



PROJECTS AVAILABLE:
Animal Care, Archaeology, Care, Sports, Dance, Drama, Journalism, Medicine, Physical Therapy, Teaching, Veterinary Medicine, Language Courses (Romanian), High School Specials

What Our Volunteers Say

“I learned so much from my trip to Romania. I learned new archaeological techniques, as well as some of the theory behind archaeological practice. I gained an amazing snapshot of Romanian life, from their art and pop music to food and drink. I felt so lucky to be able to visit one of the most beautiful, dynamic and extraordinary countries in Europe and immerse myself in their culture for two whole months.”



Oliver Pateman
Classical and Medieval
Archaeology in Romania

“I can’t even begin to describe how rewarding it is to stay with a local family - to eat their food, attempt their language, celebrate their traditions, and become a part of their lives. Romanians are genuine, hospitable, and outgoing people - and truly the friendliest bunch I have ever met!”



Rebecca McKeown,
Journalism in Romania

“It was amazing to watch the children embrace these concepts without even realising it. From the time I arrived, to the time that I left, the transformation that I saw in how the children were willing to tell stories and be creative was amazing.”



Annetta Bacon
Creative and Performing
Arts in Romania

“I learned so much about physical therapy, disorders, and how we rehabilitate them, and these two months left me with no doubt that I want a future career in physical therapy. On the other hand, the time I spent with the children, the smiles we shared, the games we played, the silly pictures we took, and even the arm wrestling matches we had (great for strengthening!) all changed me for the better.”



Alyssa Montanaro,
Medicine and Health in
Romania

Latin America & The Caribbean

> Argentina



PROJECTS AVAILABLE:
Agriculture & Farming, Care, Dentistry, Electives for Medical Students, Equine Therapy, Human Rights, Journalism, Medicine, Sports, Teaching, Veterinary Medicine & Animal Care, Language Course (Spanish), High School Specials

Argentina is a country of breath-taking beauty. Steaming jungles, thundering waterfalls and stark deserts dominate the north, while pine-clad mountains, crystal clear lakes and jaw-dropping glaciers create a dramatic backdrop in the south.

Our projects are based in and around Cordoba, a vibrant and friendly city set in the foothills of the Sierras Chicas mountain range. Volunteers live with a local host family in Cordoba, a great experience for insight into Argentinean life and culture.

Following the economic crisis, Argentina has a real need for volunteers. As a volunteer you could work in a children's home and provide an extra element of individual care.

We have a wide variety of volunteer projects and internships in Argentina, from Care and Teaching, to Medicine and Human Rights projects. Argentina is also an ideal destination for volunteers who want to practice their Spanish or start learning the language.



> Belize

With one foot in Central American Jungles, and the other in the Caribbean Sea, Belize combines the best of both worlds. Noted for Maya, Mestizo, Garifuna, Creole, and Mennonite influences, Belize offers a fascinating and diverse location to



base your volunteer work. Although Belize is an increasingly popular destination for tourists with over one million tourists visiting each year, the country still faces major development challenges and there are many people in need.

Volunteers can have a hugely positive impact by helping to improve literacy levels as teachers, caring for children and contributing to their educational development in care centers and kindergartens, and providing healthcare in impoverished communities. As a Care volunteer in Belize, you could help with day-to-day practical tasks by organizing creative and physical activities such as arts & crafts and games and teaching basic literacy and numeracy and songs. As a Public Health volunteer, you could help conduct community outreaches and public health campaigns.



PROJECTS AVAILABLE:
Care, Diving & Marine Conservation, Teaching, Public Health, High School Specials

> Bolivia

Bolivia is the poorest country in South America, so your help as a volunteer will really be valued here. It is also a country of spectacular beauty, boasting tropical rainforest, never-ending salt flats, snow-capped mountains and dazzling lakes.



Our projects are based in Cochabamba, a vibrant university town sitting at 8200 feet above sea level. The town attracts students from all over South America and has even been described as having the world's best climate – dry, warm days and cool nights.

There are plenty of projects to choose from in Bolivia, from coaching volleyball to working for a local magazine. Alternatively, you could volunteer on our unique Canine Therapy project which aims to help children with disabilities through a therapy program that involves working with trained dogs.

Living with a host family in Cochabamba is a great way to improve upon your linguistic skills. You can choose to take Spanish lessons before or during your placement, but why not learn a bit of Quechua too? This language is indigenous to the area and widely spoken by the locals.



PROJECTS AVAILABLE:
Animal Care, Canine Therapy, Care, Dentistry, Electives for Medical Students, Equine Therapy, Journalism, Medicine, Music, Nursing, Nutrition, Physical Therapy, Sports, Teaching, Language Courses (Quechua & Spanish), High School Specials



> Costa Rica



PROJECTS AVAILABLE:
Business, Care, Journalism, Sports, Teaching, Tropical Dry Forest Conservation, Physical Therapy, Language Course (Spanish), High School Specials.

With more than 25% of its land protected in national parks, Costa Rica is a nature lover's paradise.

It has everything from volcanoes to tropical rainforests, magnificent waterfalls to beautiful sandy beaches. This tiny country is also renowned for its biodiversity and boasts an array of wildlife.

Our projects are primarily based in Heredia, a university city in the heart of the Central Valley, close to the capital, San José. You will be placed with a local host family who will make sure you have a great time in their hometown.

There are many volunteer projects in which you could get involved, including writing for a local newspaper or teaching sports in a local school. Most of the staff at the placements don't speak much English, providing you with a great opportunity to improve your Spanish.

Our Conservation & Environment project is based at Barra Honda National Park, approximately four hours from San José. Volunteers on this project

stay in shared accommodation and get involved with a wide range of conservation related work.



> Ecuador (Galapagos Islands)

Ecuador is South America's second smallest country but packs a huge amount into its limited area, boasting coastal beaches, snow-capped Andean peaks and tropical rainforest. The Galapagos Islands, where Projects Abroad is based, are found off Ecuador's Pacific coast.

All of our projects are based on San Cristobal Island in the Galapagos Archipelago, one of the most species-rich areas on earth and the place where Charles Darwin developed his theory of evolution.

This really is an animal lover's paradise and you certainly won't struggle to spot wildlife! Every evening sea lions come ashore and take over the town – you'll know when they've arrived as you'll hear them barking!

As a result of their isolation, the Galapagos Islands are home to many endemic species of flora and fauna. Volunteers on our Conservation project work alongside staff at the Galapagos

National Park, monitoring and researching animals such as sea lions, marine iguana and giant tortoises.

Alternatively, you could volunteer on our Creative Arts project which aims to support young people and encourage personal development. You can get involved in everything from painting murals to helping the children prepare for various dance, drama and musical shows.



PROJECTS AVAILABLE:
Care, Creative Arts, Galapagos Island Conservation, Sports, Teaching, Language Courses (Spanish), High School Specials



> Jamaica



PROJECTS AVAILABLE:
Agriculture & Farming, Building, Care, Child Rights Initiative, Creative & Performing Arts, Dentistry, Electives for Medical Students, Disaster Management, HIV/AIDS, Journalism, Maroon Project, Medicine, Midwifery, Music, Nursing, Sports, Teaching, Teaching IT, Veterinary Medicine & Animal Care, Language Course (Patois), High School Specials

The Caribbean island of Jamaica is well-known for its idyllic beaches, turquoise seas and romantic sunsets. Look a little further than the picture-perfect coastline and you'll discover a country of laid-back people, smiling faces and a lush, mountainous interior that is well worth exploring. By volunteering here you'll experience the real Jamaica – a world away from the tourist version.

Our projects are based in Mandeville, a university town situated inland at a slightly cooler altitude. We also have projects in Montego Bay.

As a volunteer in Jamaica, you will have the chance to make a real difference to the local community on one of our worthwhile projects, whether it be helping to repair the homes of those who have been affected by natural disasters or supporting and assisting those who are living with HIV and AIDS.

You will live with a local host family who will show you the very best of Jamaican hospitality,

helping you to really feel a part of the local community.



> Mexico

Mexico is a country of mountains and volcanoes, vast deserts and beautiful beaches, ancient civilizations and nearly 30 World Heritage sites. With over 200,000 species of flora and fauna, it is also renowned for its biodiversity. Volunteer in Mexico and you'll soon find yourself completely immersed in the local culture, whether it be attending a soccer match or celebrating the 'Day of the Dead.'

Our projects are based in Guadalajara, a city known fondly as the most Mexican of cities and the home of tequila, sombreros and rodeo riders. We also have projects in Ciudad Guzman, a smaller town sitting at the foot of Colima volcano. There are numerous projects available to volunteers, everything from Business to Nursing and Physical Therapy. Volunteers in both Guadalajara and Ciudad Guzman live with a local host family.

Our Conservation & Environment project is based on the Pacific coast, approximately three hours drive from Guadalajara. Volunteers on this project

work with trained staff to protect endangered turtles, taking part in night-time beach patrols to collect their eggs, reburying them in a safe area and releasing the babies when they emerge from the nests. Volunteers on this project stay in a dormitory-style bunk house with other volunteers on the edge of the beach.



PROJECTS AVAILABLE:
Animal Care, Business, Care, Dentistry, Electives for Medical Students, International Development, Journalism, Medicine, Nursing, Physical Therapy, Sea Turtle & Coastal Ecology Conservation, Sports, Teaching, Veterinary Medicine, Language Course (Spanish), High School Specials



> Peru



PROJECTS AVAILABLE:

Amazon Rainforest Conservation, Care, Dentistry, Electives for Medical Students, Inca Project, Medicine, Midwifery, Nursing, Nutrition, Sports, Teaching, Language Courses (Quechua & Spanish), High School Specials

With an extensive Pacific coastline, a vast area of Amazon rainforest and the dramatic Andean mountain range, Peru allows you to experience much of what South America offers within just one country. Of course the jewel in Peru's crown has to be Machu Picchu – the magnificent lost Incan city which attracts tourists, archaeologists and historians alike.

The majority of our projects are based in small towns in the heart of the Sacred Valley, close to both Cusco and Machu Picchu. Here you could work alongside local health workers to help alleviate poverty and malnutrition in the province of Urubamba on a Nutrition project. Our unique Inca Project is based in Huyro, approximately three hours from Urubamba. Volunteers on this project work alongside Peruvian archaeological experts exploring new areas for excavations, clearing sites and preserving ancient Inca and pre-Inca walls and terraces.

Our Conservation & Environment project is based deep in the Amazon Rainforest, a two hour boat ride from the frontier town of Puerto Maldonado. Volunteers on this project contribute to important work such as biodiversity studies, animal release programs and trail maintenance.



What Our Volunteers Say

One thing I loved about Projects Abroad in Mexico was the volunteer community that it produced. I became friends with countless volunteers from all around the world, and I still keep in touch with many of them now.



Daniel Shaftoe
Teaching in Mexico

Having never had the opportunity to learn it in school, Spanish was one of my first missions for my year out before university. The absolute immersion you receive from living with an entirely Spanish-speaking family is an invaluable experience. In terms of the language, it becomes almost instinctive to pick it up, but in terms of the connections you make, they stay with you forever.



Bryony Perks
Spanish Language Course in Costa Rica

By the end of my placement I was no longer overwhelmed by doubt, but by a feeling of contentment that I had learned a lot, grown a lot, and even contributed to the lives of the people around me.



Ying Liu
Medicine in Argentina

As well as feeding and bathing the children I spent a lot of time playing games and teaching them songs and the alphabet. It is a great feeling when you see a child making progress because of your help! Volunteering in Jamaica with Projects Abroad was one of the best experiences of my life and I couldn't recommend it more to anyone considering it!



Nicola Webster
Care in Jamaica

I let the culture of Bolivia sink in every day and at the same time learned different things as a journalist. Every single day my eyes were opened as the whole experience rushed past me.



Minato Kobori
Journalism in Bolivia

I learned about the diversity and importance of the rainforest, brushed up on my Spanish, and made friends for life, from all corners of the globe. Every day there greets you with a different adventure. Quite simply, I had the greatest time of my life.



Eilidh Southren
Conservation & Environment in Peru

South Pacific



> Fiji



PROJECTS AVAILABLE:
Care, Community Village Project, Nutrition, Shark Conservation, Sports, Teaching, High School Specials

The Pacific Island archipelago of Fiji is world famous for its picture-perfect beaches and crystal clear waters. Add dense tropical forests, colorful coral reefs, remote villages, cascading waterfalls and dormant volcanoes to the mix and you have the ultimate tropical paradise. As a volunteer you will have the chance to live and work alongside the local people and explore the many facets that make up modern Fijian culture.

Our projects are based on the largest island, Viti Levu - in and around the town of Nadi on the west coast. It's the poorer areas of these towns that are most in need of help. Very little of Fiji's income from tourism and sugar cane makes it to the people in these communities. This is where you can make a real difference as a volunteer.

You could choose to work at kindergartens where you will assist a local teacher. Class sizes are often very large and the staff can struggle to give each child the attention they need. As a volunteer, you can provide a helping hand, look after and care for the children.

Alternatively, you could join us on our pioneering Shark Conservation Project and help protect and research some of the most endangered and misunderstood creatures in the world.





Samoa

Samoa is located in the Pacific Ocean, south of the equator, about halfway between Hawaii and New Zealand. It is one of the least developed countries in the world, so your help as a volunteer will really be valued here. It is also a country of breath-taking beauty, with idyllic beaches, dense tropical forests and tumbling waterfalls right on your doorstep.

Our projects are based in the laid back capital, Apia. The city is the largest in the Samoan islands and is located on the north coast of Upolu, Samoa's second largest island. However, Apia retains a small town feel – it's easy to explore its few main streets along the bay on foot. It's the impoverished areas of cities like Apia that really need the help of volunteers.

As a volunteer in Samoa, you could work with disabled children in special needs centers, spending one-on-one time with them and helping to boost their confidence and progress. Alternatively, you could join our Journalism internship that gives you the opportunity to work at Samoa's biggest daily newspaper, the Samoa Observer or at a popular radio station, Radio Polynesia.

You will live with a local host family who will introduce you to the Samoan culture and provide you with the very best that Samoan hospitality has to offer.



PROJECTS AVAILABLE:
Care, Community Village Project, Journalism, Nutrition, Medicine, Physical Therapy, Sports, Teaching, Language Course (Samoan)

Global Gap Year Program

For 18 and up



7 Months + 5 Countries + 12 Service Opportunities

The Global Gap program is an innovative seven month volunteer program for students taking a gap year after graduating from high school who want a far-ranging, international gap year experience. The program spans three continents, five countries and twelve different service opportunities.

By offering immersion opportunities in local communities around the world, the Global Gap program offers a unique opportunity to explore new places, learn about important global issues and help out on worthwhile volunteer projects.

The Global Gap program is tailored for a maximum of fifteen volunteers, and commences in the fall.



The agenda of the Global Gap program is:

- 1 Orientation and Care in Accra, Ghana (4 weeks)
- 2 Building & Choice of Project in Cape Town, South Africa (7 weeks)
- 3 Teaching in the Sacred Valley of the Incas, Peru (8 weeks)
- 4 Choice of Project: in Kathmandu, Nepal (4 weeks)
- 5 Diving & Marine Conservation in Ao Nang, Thailand (4 weeks)

The Global Gap all-inclusive program fee is INR 1,550,000. This price includes all food and housing, medical and travel insurance, airport pick up and drop off in each destination, as well as 24-hour support from our staff. Unlike other Projects Abroad programs, this program fee includes all required plane tickets, including round-trip tickets home for winter break. This program fee also includes various sightseeing tours and activities in each destination.

What Our Volunteers Say

It's hard to put into words the time I spent with the children at the Care placement, because it was so amazing and I miss them all a great deal. They were the most polite, eager to learn, kind, loving and caring kids I have ever met in my whole life and if you decide to go you will see this too. I looked forward to going into work each day, because I couldn't wait to see them all to watch them grow and learn and improve as they did every day.

Aside from volunteering, the country itself is without a doubt the most staggeringly beautiful place I have been in my life. The environment is completely untouched with incredible wildlife and wonderful sights and sounds. We went on day trips most weekends, including a stay in a beach house on Lalomanu beach and a swim on To Sua Ocean Trench. We did so many great things and saw so many breath-taking places that I could write an essay on just that, but to whittle it down Samoa is somewhere I will definitely be going back to.

After a while you become more educated about the reality of these supposedly notorious predators, and realize that they are in fact not to be feared by us, but to be respected and protected. You learn so much about the vital need to protect them and just how distorted our common conception of sharks is. I left this project so much more knowledgeable and enthusiastic to do more diving and of course, to see more sharks!



Nicole Gallaway
Care in Fiji



Alex Boutellier
After School Sports in Samoa



Ellen Mackenzie
Shark Conservation in Fiji

High School Specials

For 15-18 year olds



Projects Abroad's High School Specials are designed for 15-18 year olds to get a range of experience in a short period of time. Trips combine multiple projects and activities to allow volunteers to get the most out of their time overseas. In addition to volunteer programs, language classes and observational sessions, High School Specials also include planned weekend activities to local tourist attractions. These projects are different from our regular placements in the following ways:

Travel with a Group

Our High School Specials are organized as group trips. This means that volunteers will be working, traveling and living with other volunteers their own age who have come from all over the world to take part in the same volunteer experience. Our High School Special volunteers often become a very tight-knit group, as they discover their project and host country together. In destinations where our volunteers stay with host families, there will always be at least two volunteers living together in each house, and often many more than that! This ensures that our volunteers are never alone and get to share their host family experience with their peers.

Travel on Set Start Dates

Unlike our standard programs, which have flexible dates, High School Specials have fixed start and end dates. This means that volunteers will all start work together at the same time. It also means that they will volunteer as a group according to a set schedule. You can find our current dates online or in our dedicated High School Specials leaflet.

Supervised Weekend Trip

Each High School Special program includes a planned weekend trip or activity, which is organized and supervised by our local staff. These activities allow volunteers to discover their host country and take full advantage of their time overseas. After their first week of work, volunteers always welcome the chance to relax and explore beautiful tourist attractions, historical sites or natural reserves.

Increased Staff Support and Supervision

Our High School Special volunteers are supervised more closely than our standard volunteers. We know that many of our younger volunteers have limited (if any) foreign travel experience, so our staff members are always around to support them and make sure that their time abroad is productive and safe.



For detailed information about our High School Specials, please request a copy of our dedicated brochure or visit www.projects-abroad.in/volunteer-projects/high-school-specials/

Care



If you are looking to work with children and contribute to a worthwhile community project, then a Care project is perfect for you. These placements will allow you to immerse yourself in a new environment and work closely with a local school, care center or orphanage. The goal is to encourage children to learn while giving them the attention that so many of them need.

Medicine & Healthcare



If your passion is medicine, public health or nursing, then this is a great opportunity to further your knowledge and gain international experience. The time you spend on this project will be of huge benefit when you apply to medical-related undergraduate programs, or when you apply for medical school in the future as we can provide a reference letter.

Law & Human Rights



These placements offer a unique work experience opportunity for anyone considering a career in law or human rights. You will be working alongside local professionals who will help you attend lectures and meetings with people who can give you inside knowledge on what human rights and law work is all about.

Archaeology



These projects are a great way to learn about history while working outdoors and gaining knowledge of archaeology. You will be helping with our archaeological activities and community work.

Conservation & Environment



If you have a passion for conservation, wildlife and the outdoors or simply want to explore a beautiful new place, a Conservation & Environment placement is just what you're looking for. We have developed many projects where volunteers can help in these vital areas.

Building



If you want to get your hands dirty and see physical results from a short placement overseas, our Building projects are an excellent choice. You will work with local builders as part of a committed team helping to construct buildings for local communities.

Journalism



For those looking to break into the competitive world of journalism, this is for you! As a writer you will work on specific assignments, focusing on local issues with guidance from the editor. You will be interviewing local people, reviewing events, writing features, and taking photographs. As you work alongside local experts you can put your passion into practice.

Sports



Use your sporting talents to teach new skills and train children on our Sports projects. Working alongside a local coach, you will learn coaching techniques and showcase your skills alongside the locals.



Group Trips

Projects Abroad has extensive experience and knowledge in arranging bespoke group trips for schools, colleges, universities, as well as corporate.

There is a great variety of projects to choose from which fall under the following categories: conservation, care & community, teaching, sports, healthcare and animal care, which provide huge benefits to the wellbeing of the local community.

We aim to take the pressure off you by organising a safe, rewarding and enjoyable trip for anything from five to one hundred students. It can be a great way to help raise the profile of your school or university by organising a life changing trip.

Safety and Risk Assessments

All our Group Trips have a full risk assessment carried out after application. The risk assessment will be sent to the leader prior to the group leaving the country. Each trip is planned and carried out with safety and security in mind.



Our Trips

School Group Trips

Projects Abroad offer tailor made school group projects in over 29 countries, designed to suit the needs and fulfil the educational objectives of the school.

"The opportunity to learn about a world very different from their own in a safe and supportive environment is the hallmark of a Projects Abroad experience."

Judy Ross, Director of External Studies,
St. Mildred's-Lightbourn School

CAS Trips for IB schools

Projects Abroad specialises in designing CAS trips for IB schools worldwide. Projects Abroad takes pride in the fact that we are the first to organise CAS programs for IB schools in India. We design our CAS programs working closely with the CAS supervisor of the school to ensure that the program suits the needs of the students and the school.

Projects Abroad is an embodiment of professionalism and excellent organisational skills. My main goal was to achieve all the CAS learning outcomes by students participating in a range of activities. Projects Abroad had activities planned and organised in an excellent time frame which enabled the students to achieve these goals. My students and parents are totally happy with the experiential learning that their children experienced in Krabi.

Ms. Asha Samuel,
Group Leader, Canadian International School Bangalore.

Get in touch with us to discuss the possibilities.

Age 50+

Grown-up Specials

Grown-up Specials for Volunteers Ages 50+

Grown-up Specials are two weeks long and each trip is designed for volunteers to have the most impact possible at their placement. As a volunteer, you will work alongside a group of like-minded people your age. You will have a set weekly schedule which will include daily volunteer and outreach work, as well as a variety of cultural activities and weekend excursions organized by Projects Abroad staff. Volunteers can work with children, assist with renovation work, or contribute to sustainable development. Whether you find yourself teaching children to read or painting a mural at a school or care center, you will be making a difference where help is needed the most. No previous experience is necessary; we just ask that you bring commitment and passion.

Please visit our website for more information about dates and destinations.



What Our Volunteers Say

A volunteer trip abroad is said to “change your life” but it goes far beyond this. You become more understanding of other people and their culture, more accepting of differences, less afraid of challenges, less intimidated by the unknown, more self-assured, less rigid, less impressed with material things and more interested in yourself as a quality person, less interested in our petty needs and more interested in the genuine needs of others. You become a more spiritual person and so very thankful for what you have. My stay in Senegal was not a trip or vacation. It can only be described as a priceless experience.”



Cliff Lewis,
Senegal

Additional Options

Academic Credit and Volunteer Hours

It is possible to gain academic credit or community service hours through completing one of our programs. We recommend first speaking with an advisor or counsellor at your school to make sure that participation on a particular project can count toward credit. Then, we will happily sign off on volunteer's hours and fill out any forms or evaluations that your school may need. Please contact us if you have any questions.



Groups and Families

We can offer groups of five or more volunteers the option to custom-design a placement to suit their goals and interests. These programs can range in length from a couple of weeks to several months, depending on the time you have available and visa requirements in the destination country. Volunteering as a family is a great way to teach children to grow emotionally, learn a new skill and explore a new place. Projects Abroad has many projects where you can bring your kids – if they are at least 4 years old - and volunteer together as a family.



Projects for Professionals

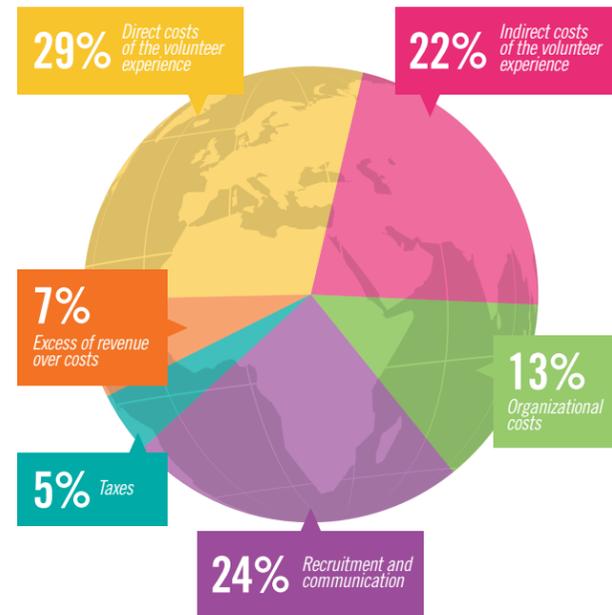
We offer many of our programs in a slightly different format for qualified doctors, lawyers, and other skilled professionals. The aim of these projects is to listen to the needs of local communities and to harness the expertise of qualified volunteers. Projects Abroad matches each volunteer to a placement where your existing knowledge will have the greatest impact. By working alongside local partners as well as fellow volunteers you will use your skills to help improve the lives of some of the most economically disadvantaged people in the world.

Please visit our website for more information about these projects: www.projects-abroad.in/pro



› Where Does the Money Go?

All our work is 100% funded through your contributions as a volunteer. We are an independent organization that does not rely on fundraising or government funding to achieve social goals. We get all our funding from the fees paid by our volunteers and interns. These fees are not a once-off donation to your chosen project. These fees go towards the costs of your trip, long-term support for the project you work on, and the international organization and infrastructure needed to make sure our projects and social goals around the world are sustainable and successful. Your project price, therefore, not only covers the costs that are directly linked to your presence on the ground, but also a share of all the other costs needed to run our high quality volunteering projects. No matter the project, all your fees go towards one goal: Positive change all over the world.



■ 29% Direct Costs of the Volunteer Experience

Although you are volunteering your time, there are costs associated with your experience in a country that need to be covered. These daily costs include meals, accommodation, transport between your accommodation and placement, airport transfers, and insurance premiums. Volunteer fees also help fund project activities and pay for much needed resources, from school supplies to construction materials.

■ 22% Indirect Costs of the Volunteer Experience

A lot more goes into your experience than you might expect. Your fee also covers indirect costs that make your project a worthwhile and safe experience.

Our volunteers benefit from the knowledge and experience of our local staff. These staff members provide full-time support to volunteers, build relationships with local project partners, and make sure that each project is always working towards worthwhile goals. Part of your fee covers their salaries, benefits and regular training, all year round.

Other indirect costs include local office rent, utilities, equipment, and communication infrastructure. We also must pay government registration costs and provide for bookkeeping and tax reporting.

■ 13% Organizational Costs

Running a business that spans 50+ countries takes a lot of organization. This requires us to invest in human resources, administration, financial controls, and IT. All of these require skilled and trained staff (and the salaries and benefits for each of them), as well as infrastructure and offices for these staff to do their work.

■ 24% Recruitment and Communication

One large problem for many of our partners in destination countries is that they can't afford to promote their work and reach potential volunteers and interns. We tell the world about volunteering and interning and it can't be done without incurring costs.

Each recruitment and communication office has related rent, utilities, equipment, and communication costs, not to mention the salaries, benefits, and training of our recruitment and communication staff. Each of these offices also has government registration costs, bookkeeping, and tax reporting costs.

We believe that recruitment and communication are important long-term investments in the size of our organization and in sustaining the many projects we run around the world. Effective recruitment and communication

allows us to attract more participants, which in turn allows us to aim for larger social goals and to bring down program fees by achieving economies of scale.

■ 5% Taxes

You pay your taxes. So do we. As a private company, we do not receive any government subsidies. Nor do we receive any implicit government subsidies through preferential tax treatment. We pay all taxes required of us by governments around the world, funding social systems and infrastructure as full participants in the social contract wherever we operate.

■ 7% Excess of revenue over costs

As a well-run organization, we do build up revenue over and above the costs of running the business. This allows us to fund our growth and expansion by providing capital to set up new projects and new destinations, and completely fund some projects, even if these run at a loss.

Building up a reserve of funds also means that we are able to act swiftly in a time of emergency, as we did with disaster relief efforts in the Philippines in 2013 and in Nepal in 2015.

› What Do I Get for my Money?

Host Family

Our volunteers usually stay with host families who are carefully selected by our staff. Living in the local community is truly the best way to achieve a meaningful cultural exchange.

When, due to logistical or geographical reasons, it is not possible to place volunteers with host families, you will live in shared accommodation with other volunteers.

Meals

You will receive 3 meals every day, usually breakfast and dinner with your host family and lunch at your placement. Where volunteers live in shared accommodation we provide a local cook or stipend.

Insurance

You will receive insurance cover for medical and emergency travel expenses, luggage and personal effects, money, cancellation and curtailment, rescue and assistance, legal expenses and travel delay. Cover becomes effective once full payment has been received.

Placement

Projects Abroad placements are designed to ensure that you get the most out of your time overseas and that the local community benefits equally. We always try to match your placement to your interests, experience and expectations. You will learn from your placement and make a real difference by being there.

Staff Support

Projects Abroad has a large number of overseas staff who provide you with unrivalled support from the moment you sign up. From pre-departure telephone conversations to meeting you at the airport, in-country transportation, and introducing you to your host family and work colleagues, they will feel like members of your family. They are also available twenty-four hours a day if you have any problems or questions.

Personal Webpage

When you join Projects Abroad we give you your own webpage called "MyProjectsAbroad." This gives you access to a number of features, from general information about the country you are visiting to specific details about your host family and placement.

Community

No matter which project you choose, you will be part of a community of Projects Abroad volunteers. The best way to meet other volunteers is to come to the informal events arranged by our staff, such as weekly dance classes and group dinners. With plenty of volunteers around, you will always find like-minded people to travel with over the weekends or hang out with at the end of the day.

Self-development

As well as making a positive contribution to the groups and communities you work with, volunteering will also have an impact on you. Spending time volunteering abroad is increasingly viewed in a positive light by universities and employers. It can greatly enhance your resume while giving you an interesting topic to refer to in interviews and personal statements.



How it Works: Getting Started

How to volunteer abroad with Projects Abroad



Projects Abroad Travel Team

Although flights are not included in the program fee, our knowledgeable Travel Team is available to book your flights to your destination. Our Travel Team makes booking flights an easy and convenient process.

This is an optional service and you are welcome to arrange your own flights. No matter who books the flights, every volunteer is met at their destination airport by our in-country staff.

If you have any questions about this service or would like us to arrange your travel, please email us at info@projects-abroad.in



Application Form

Part 1

Personal Information:

Title: Dr. Mr. Mrs. Miss Ms.

First Name:

Middle Name:

Last Name:

Date of Birth: MM DD YYYY

Nationality of Passport:

Email*:

*If under 18, please include parent or guardian's email address as well:

Country of Birth:

Passport No.:

Exact Name on Passport:

Home / Permanent Address:

Phone no:

Cellphone no:

Temporary Address (if different from above):

Education/Partnerships:

When you join **Projects Abroad**, you expect to be (please tick):

High School Student
Current/Most recent high school

Undergraduate Student
Anticipated/Current/Most recent university

Post-Graduate Student
Anticipated/Current/Most recent university

On a Gap Year Career Breaker Other

Have you applied to use your Projects Abroad placement for credit through your school or university?
 Yes No

Have you applied for a scholarship or grant from a third party to fund your trip with us?
 Yes No

*If you answered yes to either of the above questions, please provide us with further details.

Reference

Please provide the full name and contact information for a personal or academic reference:

Title: Dr. Mr. Mrs. Miss Ms.

Name:

Address:

Phone no:

Cellphone no:

Emergency Contact:

Name:

Phone No.:

E-mail:

E-mail:

Phone no:

Apply Online at www.projects-abroad.in

Application Form

Part 2

Your Trip Details:

First Destination:

Project(s):

Duration:

Second Destination:

*To be completed only if you wish to travel to more than one country:

Project(s):

Duration:

*If you wish to travel to more than 2 countries, please provide further details of your trip.

Special Options:

Please check the corresponding box if you have chosen one of the following:

 High School Specials
 Global Gap
 Alternative Spring Break
 Grown-up Specials
 Projects for Professionals

Do you want to do a language add-on?

 5 hrs.
 14 hrs.
 30 hrs.
 60 hrs.

Which language?

Preferred start date:

This is the day that you leave home

Do you plan to do any independent traveling?

 Yes
 No

If so, how long?

I plan to do my independent travel: Before placement After placement

Would you like Projects Abroad to arrange your flights?

 Yes
 No

Do you have any travel companions*?

 Yes
 No

Any special diet or medication*?

 Yes
 No

Any current or past disabilities or infirmities, physical or mental*?

 Yes
 No

Any special work or accommodation preferences*?

 Yes
 No

*If you answered yes to one of these questions, please provide details below or on an attached piece of paper.

Your signature:

By signing here I agree to the Projects Abroad Terms & Conditions located at: www.projects-abroad.org/apply-now/terms-and-conditions/

Date:

Please send your INR 19,500 deposit with this application to the Projects Abroad office:

(see back of brochure for our contact address)

Your deposit will be applied towards your total program fee. Checks should be made payable to **Projects Abroad**. You can also pay by credit or debit card (see below) or bank transfer (contact us for details).

Card Number:

Expiration Date:

Type of Card:

*Projects Abroad accepts Visa, Mastercard, American Express and Discover

Security Code:

 (3 or 4 digits on signature strip on rear of card)

Name on Card:

Billing Address:

Cardholder's Signature:

Additional Information

Speak to Projects Abroad Alumni

There's an easy way to see if the Projects Abroad experience is right for you; ask the people who've already been on one of our programs! Call us for the names and contact information of volunteers who have worked in the places that interest you. If you want to come and visit our office, please call to arrange an appointment. Most of our staff have volunteered overseas on our programs.

Visas, Insurance and Vaccinations

With a few exceptions, you will need to buy a visa. We will give you the relevant documents and advice. As we go to press, prices for visas vary from INR 2000 to INR 5000 according to destination.

Projects Abroad prices include insurance coverage for your outward and return journeys (except for overnight stays in your home country) and throughout your placement.

Coverage becomes effective once full payment has been received. Extra leisure travel insurance can also be arranged for an additional premium.

We advise you to consult your doctor or health center for up-to-date information about vaccinations. You can also visit the Centers for Disease Control and Prevention at www.cdc.gov/travel. Since we are not medical experts, our advice on vaccinations and other medical matters can only be informal.

Disclaimer

Although we try to be as accurate as possible in our publications, the information listed in this document is subject to change at any time. For the most up-to-date information please visit our website www.projects-abroad.in

Amendments or Cancellations

If personal, academic or other developments make travel impossible at the time planned, placements can normally be deferred for a minimal charge. Please call us to discuss your situation.

The charge for amendments ranges from INR 5000 to INR 15000 plus the amount charged to Projects Abroad by third parties. Cancellation charges depend on how far in advance of your originally preferred departure date we have been informed in writing:

- Notice of 3 months or more - 6,500
- Notice of 2-3 months - One third of total program fee
- Notice of 1-2 months - Two thirds of total program fee
- Notice of less than 1 month - No refund

Please note that the above cancellation charges apply whether an application is made more than three months before the proposed departure date or less than three months before the departure date. Deposits paid in relation to departures not more than three months ahead are non-refundable. If you have made your final payment, cancellation insurance may be available under certain circumstances.

In cooperation with:



help...
learn...
explore!



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011 - 44 - 1903708300

Australia
011-61-884108881

Japan
011-81-5037759030

France
011 - 33 - 476571819

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Canada
1 877 921 9666

Denmark
011 - 45 - 42409020

Italy
011 - 39 - 8119139962/3

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011 - 31 - 786131356

Norway
011 - 47 - 47469284

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011-27-216717008

South Korea
011 - 82 - 23375725

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011 - 852 - 82088605

Sweden
011 - 46 - 855924924

Ireland
011 - 353 - 212348002

Poland
011 - 48 - 717509003

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011-34-912904128

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011-7-4996385280

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China
011-864-0089-07330

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