

Group Trips



Volunteer & Intern Abroad



> www.projects-abroad.in

Introduction

Welcome to Projects Abroad!

Projects Abroad have specialised in arranging volunteer and internship placements in the developing world since 1992. Over the past 5 years the popularity of volunteering as a group has grown dramatically. Projects Abroad offer tailor made projects designed to suit both the specific needs of the group and the local community involved.

We have specialists devoted to ensuring your trip is planned and executed to fulfil the goals and interests of the group. Whether you want to renovate a school in Sri Lanka, help conserve the wilderness in South Africa, trek up a mountain in the UK or enhance your business knowledge in UK we will arrange every aspect of your trip for you. Projects range in length from one week to several months, depending on the time you have available.

Our trips are suitable for groups from all areas of society: high school and International Baccalaureate Diploma students or college students on a summer break; students from a university department; sports teams; corporate groups or just a group of friends looking for a truly original overseas experience!

With over 600 trained staff around the world, and over 100 varied programmes on offer, we are now the world's leading overseas volunteering organisation and a rapidly growing educational services provider, sending over 10,000 people per year to all corners of the globe.

Let Projects Abroad arrange a special trip for you and your group!

I hope you choose to join us.



Peter Slowe

Peter Slowe
Founder & Director, Projects Abroad

Travelling overseas with a group can be a daunting prospect. This is why you will want to know you are in safe hands. Let us put your mind at rest. Here are some important points for you to consider:

- Projects Abroad has over 20 years of experience
- We provide pre-departure advice and meetings with trip coordinator
- We provide 24 hour in-country support for safety and security
- We take regular advice from the Ministry for External Affairs
- All our projects are constantly monitored by our overseas staff and regularly visited by our head office staff

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Projects Abroad's Head office is located in the United Kingdom and our India office is based in Delhi. Our dedicated staff will provide you with support, administrative assistance and be able to answer any enquiries you may have about our projects.



/projectsabroadindia



@ProjectsAbrOad

School Group Trips



Projects Abroad offer tailor made school group projects in over 35 destinations, designed to suit the needs of the group and the local community involved. We have specialists devoted to ensuring your trip is planned and executed to fulfil the goals and interests of the group. Whether you want to renovate a school in Sri Lanka, help conserve the wilderness in South Africa, trek up a mountain in the UK or enhance your business and entrepreneurship knowledge in UK we will arrange every aspect of your trip for you. Projects range in length from one week to several months, depending on the time you have available and can be designed for students aged from 12-18, and can vary in size from 5 to 100.



"I think this is a great way for students to bridge the gap between family holiday or "school trip" or individual volunteering. The best thing we did was finish building the chicken coop and put the chickens in it! Very satisfying. The Safari, Mt Meru waterfalls and the Maasai experience were unforgettable. Seeing my students develop their confidence and cultural awareness was wonderful.



Ros Noble,
Trip Leader, Ackworth School, Tanzania

University Groups



Universities are home to students of different ages all studying a wide variety of subjects. It is for this reason that we offer a diverse range of projects so we can ensure that we meet the needs of everyone. This is a perfect opportunity for students to embark on an unforgettable experience. A Human Rights project could provide Law students with first hand research for your dissertations. A group of business students could travel to the UK or US on a study tour and enhance their international business nous dramatically through our unique business-orientated trips. A group of medical students can gain valuable work experience working in a hospital in Ghana. These projects allow you to work together and understand more about yourself, your fellow students and the world around you.



Matt Smith,
Trip Leader, University of Loughborough, Kenya



"I look back with great satisfaction and pride with what our group was able to achieve during the two weeks in Nakuru, making a real impact on the local community that we lived in. I had an amazing time in what is an amazing country. I feel that it really developed our teamwork skills as a group as well as my own personal skills. It was the experience of a lifetime!



CAS Group Trips for International Schools

Projects Abroad specializes in designing CAS Group Trips for International Schools worldwide. Projects Abroad takes pride in the fact that we are the first to organise CAS programs for Indian International Schools. We understand that Creativity, Action, Service (CAS) is at the heart of the Diploma Programs and we make sure that our program include all three strands. Our aim is to help students complete their CAS requirements while giving them the opportunity to immerse themselves into a culture and at the same time make a sustainable impact on the communities where they would stay and work on a project.

We design our CAS programs working closely with the CAS supervisor of International Schools to ensure that the CAS program suits the needs of the students and the school. Whatever the requirements of the school, we will ensure that the program involves real and purposeful activities that will bridge between creativity, service and personal challenges. Projects Abroad provides a dedicated CAS supervisor for IB students in addition to plentiful experienced staff.

"We trusted our project organisers and they returned our trust with fascinating experiences, professional knowledge, and admirable skill. From the first personal contact and patient planning sessions over emails, to the impeccably planned forays into the beautiful countryside, to the valuable and varied experiences; the extensive materials, the planning, and the expertise helped make this trip seamless and memorable.



Michelle Couple,
CAS supervisor, Appleby College

Corporate Groups



Projects Abroad offers you and your colleagues an opportunity to utilise your skills to help one of our project partners in the developing world. Our corporate group trips combine aspects of team building and increasing staff morale whilst benefiting a good cause. Our placements are set in unique environments which offer our professional volunteers a different perspective from traditional training courses. We have previously arranged trips for lawyers and accountants, management consultants and marketing specialists. Whether you have expertise in IT or building, we have a worthwhile project for you which meets the needs of a local project.



Karine Kinch,
Pearson Education Group, South Africa



"We have been helping to build a community centre. We have found we have formed a unique bond over this project. A lot of us have never seen this type of poverty before. We had a wide variety of emotions when we arrived. Deen, our building manager, has been spectacular at making us feel comfortable."

How it works – your journey starts here

By reading this brochure you have already taken the first steps on an unforgettable journey.

But what next?

Express your interest!

If you are interested in organising a trip get in touch with us to find out a bit more. We have lots of information on our website www.projects-abroad.in. You can find out from groups that have been away before. If you want to find out more give us a ring or drop us an email to find out whether Projects Abroad is the right thing for your group.

Get an Information Pack!

If you have an idea of where you want to go and what you want to do we can arrange to send you a comprehensive information pack. This will include sample itineraries, project proposals, insurance details, risk assessments as well as application forms and brochures that you can present to your group.

Arrange a Meeting!

Projects Abroad is happy to send one of our experienced staff to meet up with you to discuss what type of project or destination will fit your group. We can organise to speak to senior management teams about the options open to you. We are happy to speak to parents and students to explain everything about the trip from preparation and fundraising to what it is like to live and work in a developing country.

Get Connected!

Once your application is complete you will receive your username and password to your pre-departure support website called MyProjectsAbroad where you can read detailed information on your trip. You can contact our destination support staff to answer any questions you have about your trip whether it is about visas, inoculations or what to pack in your rucksack!

Application Procedure!

Once you have chosen a project and destination it is time to apply. The application procedure is very simple. We can either send you some postal application forms or you can complete them online and submit the applications with a deposit of ₹19,500 for each participant.

Last Minute Questions!

As departure approaches you will have lots of last minute questions. Projects Abroad can come and speak to your group to give them advice prior to departure.

Bon Voyage!

Finally it is time to set off to your destination on the journey of a lifetime!

Safety & Security

Projects Abroad take your group's safety and security seriously. We have been operating since 1992, giving us a wealth of experience to draw upon. We arrange safe and secure trips for over 10,000 volunteers each year.

We have full time Projects Abroad offices and staff in each country where we operate, providing your group with 24/7 support. Each trip is fully researched, safety audited and risk assessed in accordance with the British Standard BS8848 for the Adventure Travel Sector. We have safety and support systems in place that help us to maintain the highest possible standards. This helps us to deal with anything from the loss of a passport or a stolen camera, to an injury or a political incident.

Risk Assessment

Projects Abroad will produce a risk assessment for your trip. This is put together by our experienced destination team and reviewed by our operations team. We can provide you with a sample risk assessment on request.

Staff support

Each group will have Projects Abroad staff support from your application until you return home. Staff will be there to support you 24/7 when you are in destination. Alongside your staff we have experienced local staff to make sure that your trip runs both smoothly and safely.



Insurance

Projects Abroad include comprehensive insurance cover for each participant. This covers health and baggage insurance including air ambulance cover where necessary.

Partnerships

Projects Abroad is a founding member of the Year Out Group. Projects Abroad is compliant with BS8848. Projects Abroad is a partner of the FCO Know Before You Go Campaign. Projects Abroad is a member of the IVPA



What to do and **where to go**



Archaeology



Building



Business



Care



Conservation & Environment



Culture & Community



Journalism



Language Courses



Law & Human Rights



Veterinary Medicine & Animal Care



Medicine & Healthcare



Sports



Teaching



Care & Community

Voluntary Care work is one of the most worthwhile activities a group can get involved in. Throughout the world there are vast numbers of children who have been orphaned or neglected, and are in need of love, care and attention. Groups can get involved with a wide variety of different projects including working with street children in Senegal and caring for orphans in Mongolia.

Groups have a huge impact on all our care placements around the world. Orphanages and day care centres value any help they receive but you can imagine how happy they are when not just one but a whole team of volunteers arrive.

Volunteering as a group is the perfect opportunity to make a long-lasting and sometimes life-changing difference to one of our placements. For this reason some of our Care & Community projects can include doing some renovation work. You could paint the children's bedrooms in an orphanage in Sri Lanka, or make a garden for a care home in Tanzania. We set achievable objectives and make sure everything is in place in order to accomplish them.

Care placements are a chance for volunteers to really make a difference to children who would otherwise have little or no mental stimulation in their lives. Volunteers often spend a large part of their day with the children playing creative games, helping with homework and generally giving much needed care and attention.

Many people are unaware of the impact they can have on another person's life, with even the smallest gesture. By spending as little as two weeks working in an orphanage or care centre, a group of volunteers can have a hugely significant and positive impact on the lives of underprivileged children.

Care volunteers don't need to be qualified or have previous experience. The only qualities that the volunteer needs to possess are compassion for fellow human beings and a desire to improve the lives of those with domestic or physical circumstances less fortunate than their own.



We got the privilege to meet Auntie Tina and her nursery full of crazy, loveable young children. Every day we did a variety of activities, including reading, painting and making paper hats, but it was the singing and dancing that won us over. I can guarantee there are a handful of Scottish teenagers at home singing African songs taught by the Adom daycare centre kids. The pictures I took there are some of my favourites ever.



Sarah Jones,
Grangemouth High School,
Ghana

EXAMPLE PROJECT: CARE & COMMUNITY IN CAMBODIA



A group trip to work on the Care and Community project in Cambodia is an immensely rewarding opportunity. Not only are you coming to one of the must-see countries in South East Asia, but as a group, you will really be able to make a difference while you are here.

In the mornings volunteers will start by revitalizing the centres by painting the walls of the rooms. These centres can be quite tired and your efforts will really brighten the place up and make for a much nicer environment for the children.

After your help with the painting, groups will then spend time with the children firstly helping with lunch. Following this, you will spend the afternoon organizing various activities for the children. This may include teaching them English, sports activities, art, and general play. You will also spend some time supporting the teacher in the classroom by working one-to-one with the children.

You will have the chance to see many of the important historic sites through organized group excursions, and may also include a trip to Siem Reap. Cambodia is an exceptional country still recovering from its recent turbulent history, but filled with positivity and hope, and will be a place you will keep in your heart forever.

CARE & COMMUNITY PROJECTS AVAILABLE IN:
Argentina, Bolivia, Belize, Cambodia, China, Costa Rica, Ecuador (Galapagos Islands), Ethiopia, Fiji, Ghana, Jamaica, Kenya, Laos, Mexico, Mongolia, Morocco, Nepal, Peru, Philippines, Romania, Samoa, Senegal, South Africa, Sri Lanka, Tanzania, Thailand, Togo and Vietnam.

Teaching

Taking part on one of our Teaching projects is a fantastic way for groups to make a tangible difference to children's lives without the need for any formal teaching qualifications or experience. Volunteers need lots of enthusiasm; a firm grasp of the English language and more often than not, a whole heap of patience!

Teaching projects are ideal for groups whose members are perhaps considering a career in teaching or even for students undertaking teacher training. The experience will open your eyes to the challenges and joys of teaching and you will learn universal strategies for keeping the children entertained whilst learning at the same time.

Volunteering as a group on a teaching project means you'll be able to share responsibility in the classroom and take turns at running activities with the students.

For school and community groups, our Teaching projects are combined with Care or Community projects so there will always be a huge range of activities to be involved with during your trip; planning and teaching English classes, assisting with homework, organising sports, arts or crafts activities, painting and decorating a classroom or playing with children who lack affection and stimulation in their everyday environment.

Even by spending as little as two weeks working in a school and orphanage or care centre, a group of volunteers can have a hugely significant and positive impact on the lives of the children. Our aim is for your group to see a project through from start to finish during the length of your trip; you might decide to set up a poster competition, organise a sports day or run an art project alongside teaching timetabled lessons.



"We worked at the Kumasi Orphanage. We taught basic English language skills and mathematics then played outdoor games with the children – for example one afternoon we created a mini sports day. The children were very competitive, particularly when racing against us even though they beat us every time. A particular hit with the children was 'duck duck goose' as they sat excitedly hoping to be tapped and chase their friends around the circle. I felt welcomed into their community as the children wanted to know all about us; were keen to play games with us, listened closely to our lessons and were so grateful for our time spent there."

EXAMPLE PROJECT: TEACHING AND CARE IN MONGOLIA



Teaching in Mongolia as a group is an ideal way to help at some of the most poorly resourced schools in Mongolia's capital - Ulaanbaatar. Schools are desperately in need of support for English lessons to help give the children a better chance to move the country forward.

As well as teaching English, you will get involved with arts and crafts, playing games and organising activities for the children during a Teaching and Care project. There will also be an opportunity for you to work in an orphanage where you can make a real difference in the lives of the orphans.

TEACHING PROJECTS ARE AVAILABLE IN: Argentina, Bolivia, Belize, Cambodia, China, Costa Rica, Ecuador (Galapagos Islands), Ethiopia, Fiji, Ghana, Jamaica, Kenya, Laos, Madagascar, Mexico, Mongolia, Morocco, Nepal, Peru, Philippines, Romania, Samoa, Senegal, South Africa, Sri Lanka, Tanzania, Thailand, Togo and Vietnam.



Pippa Pudney,
Ackworth School, Ghana

Conservation

Our group Conservation projects offer volunteers a great chance to learn about a new ecosystem whilst contributing to the protection of that environment's flora and fauna.

Groups can decide their destination and field of conservation work; there are plenty of options available. We offer projects as diverse as marine conservation in Thailand or Cambodia; working on a nature reserve in South Africa; turtle and crocodile rescue and release projects in Mexico; an eco-development project aimed at promoting sustainable farming in India and more!

Projects are suitable for groups with no previous experience as well as for volunteers looking to gain hands-on experience in their area of study or research. Our expert staff provide thorough training and brief volunteers about all areas of work and teach them how to use any equipment they will need whilst at work. For our Marine Conservation projects in Cambodia and Thailand, volunteers will also gain universally recognised diving qualifications as well as diving experience.

Work can be physically demanding but you will make a difference. Many Conservation projects give groups the chance to participate in education programmes; encouraging and training local people to farm sustainably, not pollute or contaminate water and teach children about the dangers of dropping litter.

Groups on our Conservation projects will be accommodated together in our volunteer accommodation and there will be many opportunities for socialising or just relaxing when the day's work is done. This includes playing sports, swimming in nearby pools or lagoons or relaxing in a hammock watching the sunset.

Our Conservation projects in Cambodia, Costa Rica, Ecuador (Galapagos Islands), India and Mexico can be combined with Care, Community or Language projects so you gain a wealth of different experiences.



EXAMPLE PROJECT: CONSERVATION IN THAILAND



Groups will be based on the coast 20km from Ao Nang where our Conservation project is located. The first part of the project will be training you to scuba dive on a four-day Open Water course. In the initial stages when you are in shallow water, you will learn how to breathe, clear your mask and equalize pressure. You will also become familiar with the buddy system and underwater sign language.

Once you have qualified, your efforts are rewarded as you descend into a stunningly clear underwater world of tropical fish, turtles, sea urchins and corals that you never knew existed. By analyzing reef damage and fish populations, you play a part in conserving this precious ecosystem off the coast of South West Thailand. You will also help with a beach cleanup and take part in some mangrove reforestation work.

You will return home with a universally recognised qualification, a wealth of diving experience and the knowledge that you have made a useful contribution to the preservation of a wonderful marine ecosystem – as well as some great memories of Thailand.

CONSERVATION PROJECTS AVAILABLE IN: Cambodia, Costa Rica, Ecuador (Galapagos Islands), Fiji, Kenya, Madagascar, Mexico, Nepal, Peru, South Africa and Thailand PLUS in the United Kingdom on one of our Study Tour programmes.



Sharon Durham,
Portslade Aldridge Community
Academy, Costa Rica

"The Diria conservation experience was an unbelievably rich experience that I will never forget. The work done there on conservation was extraordinary as were our guides and hosts Coco, Macho and Alejandra.... I have loved every minute in Costa Rica and will be sad to go. I hope to come back one day."

Medicine & Healthcare

Our Medicine projects give your group an insight into healthcare in the developing world. It can sometimes be hard to fully appreciate a particular medical procedure or operation when you can only read about it in a textbook. With Projects Abroad your group will shadow professional doctors and nurses, watching them perform in the real world and gaining invaluable experience for future careers.

We offer a variety of medical projects for any groups with a special area of interest, from physiotherapy in Nepal to nursing and pediatrics in Bolivia. You can work in hospitals, care centres and local clinics, and we aim to show our volunteers as many specialist departments as possible during their trip so that they can see the full range of treatments on offer.

On your first day you will be allocated a supervisor and they will remain your main point of contact throughout your placement. They will work with Projects Abroad staff to make sure that your trip is both educational and productive. Day to day tasks will vary depending on the facilities available in your chosen destination and the experience level of your group. You may be asked to help with practical duties such as making beds, bathing patients and lifting them onto beds and into wheelchairs. More experienced groups can help with medical tasks such as bandaging, taking blood pressure, dressing wounds and helping to monitor patients in surgery.

Many of our destinations hold weekly workshops for medical volunteers run by experienced staff who have a background in healthcare. Here your group will be able to learn the basics of various procedures for treating problems that regularly occur in your chosen destination. An example of this is in Ghana where you could attend a workshop on a common disease such as tuberculosis. Volunteers are encouraged to ask as many questions and discuss new ideas in a relaxed and positive environment. This gives you peace of mind that your group will feel confident and ready to gain as much as possible from their time overseas.



"Getting the opportunity to volunteer in the Mission Hospital was definitely a once in a lifetime opportunity. Closely watching brain surgery and seeing a baby being delivered by caesarean section was incredible and something you could never experience whilst being at College in the UK."

EXAMPLE PROJECT: PUBLIC HEALTH IN FIJI



The Public Health project in the Fiji is a unique project, based in and around the city of Nadi. This project is designed to give volunteers the opportunity to work in a community health setting and is focused on the importance of health campaigns and outreach work in the local communities, in addition to giving you an insight into the health system of the Fiji.

The majority of your time will be spent working with local families doing health screening activities such as blood pressure, blood sugar and waistline measurement as baseline information for health promotion strategies. Volunteers will then design simple health promotion strategies to be implemented within the duration of 2 weeks.

Working as teams, volunteers will also organise community exercises as part of the health promotion strategy. A community day will also be arranged by the volunteers. There is also an opportunity to participate in the medical mission session for the community with the local doctors, wherein volunteers can assist in basic procedures like taking vital signs, assisting the dentist in dental procedures, and assisting the pharmacist in dispensing of medicines.

You will be working alongside local doctors, nurses and social and health workers reaching out to as many people as possible.

MEDICINE & HEALTHCARE PROJECTS ARE AVAILABLE IN: Argentina, Belize, Bolivia, Cambodia, China, Fiji, Ghana, Jamaica, Kenya, Mexico, Mongolia, Morocco, Nepal, Peru, Philippines, Romania, Senegal, Sri Lanka, Tanzania, Thailand and Togo.



Caroline Houldsworth,
New College Nottingham, India

Cultural

One of the most enjoyable parts of overseas travel is experiencing new cultures. Unlike your normal sightseeing holiday, our cultural group trips enable you to go deeper into local communities, working alongside people in the developing world and learning from their way of life. In the modern world with its fast pace and technological advances it can be all too easy to forget about the importance of the past. We believe that immersion in an unfamiliar culture will give you a new perspective on life and the importance of remembering where we come from.

If your group wants to live and interact with local people there are a variety of projects available. You can volunteer with nomads in Mongolia, helping to herd livestock and sleeping under the stars in a traditional Mongolian tent, called a Ger. Alternatively, you might want to find out about the Khmer culture of Cambodia, including cookery classes, puppet making and local music. Another option is our Inca project, set in the famous Andes Mountains of Peru. You will divide your time between expeditions, archaeology and community work.

We always encourage our volunteers to give something back to the local community. One of the best ways for your group to achieve this is by teaching English. Children in these communities will often speak a local language at home so any chance they get to learn from native English speakers makes a real difference. Even simple conversation will be greeted with enthusiasm and there is no need for you to be a qualified teacher for this part of the project.

Your group will also get the chance to learn some of the local language so that you can begin to communicate and feel at ease in your new surroundings. This is encouraged and appreciated by the local people and demonstrates that our volunteers are there to help as well as learn. By living and working in these remote areas and contributing to their local economies you will help the long term survival of these truly fascinating civilisations.



As well as working on a variety of astonishingly impressive Inca ruins - cleaning, digging, repairing etc. with the project we also went on treks and visited remote communities.....the experience of living in such a vibrant and lovely community was incredible, the people were wonderful, and it was amazing to be so immersed in a culture so different from our own.

EXAMPLE PROJECT: INCA PROJECT IN PERU



The Inca Project is perfect if you have an interest in archaeology, the history of the Inca civilisation, and don't mind getting your hands dirty! Based in Huyro groups live the lifestyle of the local Peruvian people, whilst gaining hands-on experience in a range of archaeological and historically-related work. Volunteers are involved in three main areas: archaeology, expeditions and community work.

After hiking to the ancient ruins the group will spend time working alongside local archaeologists at the newly discovered site of Cochapata. Here you help to clear, preserve and map the ancient Inca walls and have the chance to explore some of the lesser known Inca sites in the area. The nearby town of Patabamba plays host to the community aspect of the project. The work here ranges from painting a classroom at a local school to organising sports competitions and games with the village children. Over the weekend you have the opportunity to explore the famous Machu Picchu and relax and unwind in the hot springs of Aguas Calientes.

CULTURAL PROJECTS AVAILABLE IN: Argentina, Belize, Bolivia, Cambodia, China, Fiji, Ghana, Jamaica, Kenya, Mexico, Mongolia, Morocco, Nepal, Peru, Philippines, Romania, Senegal, Sri Lanka, Tanzania, Thailand and Togo.



Duncan Hewitt,
Queen Elizabeth High School,
Peru

Building



Joining the building programme is a great way for a group to live and help in a local community. It could be building small houses in Ghana or helping to rebuild classrooms in the Philippines. You would be working alongside local builders and supporting the local people. You are not expected to be an experienced group of builders but a mix of enthusiasm and energy will mean you can really help out.

Projects Abroad makes sure that the projects you are working on are not taking away from local workers. The projects that you would be working on are supporting our local partners. We respond to the needs of the local people. You could replicate the groups that have built a toilet block in a school in Nepal, a chicken coop in an orphanage in Tanzania or a volleyball court shelter in Kenya. Each project makes a worthwhile contribution to the community.

Most of the groups that go away with us on a building programme will combine this with a community aspect to their trip. This could be helping teach English in a local school or organising activities with children in a local orphanage or care centre.

"Our task during the trip was the building of a sheltered area to be used by Nakuru Sitting Volleyball Team. Working as a team we were able to dig and lay the foundations, create the playing surface, and erect the shelter. We were supervised by a small team of skilled locals to help construct the facility. The completed shelter was handed over to the Nakuru County Government on 25th July. It was satisfying to know our hard work had been finished and is being enjoyed by the local community."



Matt Smith,
DTUS, Loughborough
University, Kenya

Sports



A Sports project can be organised for your group in any of our destinations. You could focus on teaching one particular sport or you could work on a range of different sports. There are opportunities coaching football around the world, working with PE departments in different schools or maybe introducing something totally different. How about teaching tag rugby to students in Jamaica or introducing cricket to a small school in Ghana.

If you are travelling with your team to join a project we could also arrange games against local teams. You could be playing cricket in Sri Lanka, rugby in South Africa or football in Argentina. One thing to remember is although the facilities and equipment may be basic, the enthusiasm of the youngsters you will be with will be huge.

Lots of groups will combine a sports project with some community based work. This could range from doing some renovation work in an orphanage to building a badminton court which Ardingly College did in India. You could spend your mornings coaching hockey or rugby whilst teaching English in the afternoons. The range of possibilities are endless.

"As we arrived at the school the children were playing football with an old ball. We got involved and played a match with them. People just kept turning up after they got word out in to their community... As we started the warm up activities, other people turned up and to register and joined in. The numbers accumulated throughout the day... The tag rugby was very successful. It was a great day with the kids; as they had never played the game before and it took a lot of patience... Then we organised teams for the final tag rugby tournament. This was what the kids loved! The competing, being active, enjoying socialising..."



Alex Cook,
Stourport High School,
Costa Rica

Projects Abroad has a range of Study Tours that are designed to offer students a valuable combination of work experience, educational workshops and cultural immersion in the most creative and innovative cities of Europe and North America. The programs are varied but all of them enable students to embrace some of the most exciting organisations and institutes, learn from inspiring industry leaders, visit world-class universities and acquire key 21st century skills.



Like all our Group Trips we can tailor them to meet your needs - however as a basis from which to start with, we have an array of Study Tours which we currently offer to individuals during the summer:

- | | |
|--|---|
| SOFT SKILLS AND ENTREPRENEURSHIP  | ACCOUNTING FINANCE MARKETING  |
| SOFT SKILLS, BUSINESS AND ENGLISH  | CAS DRAMA  |
| ENGINEERING AND BUSINESS  | CAS SPORTS  |
| CREATIVITY & INNOVATION  | CAS TREKKING AND CONSERVATION  |
| LAW AND BUSINESS  | |

Cultural and educational activities are included in all our programs. Students can visit cultural and historical sites and join team-building activities with local university students such as sports, games, and a business challenge. We promote internationalism, global citizenship, and friendship across borders. Meeting the students and professionals from the host country is one of the highlights of these group trips.

Our CAS Study Tours are adventure and sports programmes designed neatly with the spirit of the International Baccalaureate, and further offer students an opportunity to fulfil the Creativity Action and Service (CAS) of the IB Diploma Programme.

We have been running these educational Study Tours for a number of years and these unique educational trips take students on a practical and skill-acquiring journey, making them a more rounded person fit for the 21st century workplace. All these programs are carefully designed to develop key 21st century skills; creativity, innovation, entrepreneurship, communication, presentation and leadership skills, and team building. Unlike our fixed dates whether it's the exciting Scandinavian destinations of Denmark and Finland, an opportunity in the Big Apple in the United States or an exploration into the wonders of the United Kingdom – there is a Study Tour Group Trip for all High School and University students.

University Tours

We don't decide the university for you, we help you explore the options!

We understand how important it is for students to join a university abroad that best suits your needs. With so many educational agencies providing admissions counselling services to students aspiring to study outside India, it becomes even more confusing and difficult to select universities. We also understand the challenges students face to make academic, professional, financial, and personal decisions as they seek education opportunities overseas and how these challenges vary across social and economic boundaries.

In order to keep your mind at rest whilst choosing a university abroad, we take pride to introduce University Tours in the UK. Each year we arrange a visit for a group of students, parents and staff members from schools, to the best universities in the UK such as Oxford, Cambridge, King's College London, London School of Economics, Loughborough, Imperial College London, Edinburgh and many more. During this trip around the universities we will organise seminars and one to one sessions with alumni staff, lecturers and heads of faculties to educate you on a variety of key topics including the application fees, course options, standardized test preparation, interview preparation, essay topics and content, and post application process. It will also be an opportunity to explore the accommodation facilities within or outside the universities. Apart from visiting universities, it will be a great chance to explore the historic places and tourist attractions in the UK.

It's not only for the students themselves; parents can also join the tour alongside their child in exploring the opportunities available. Furthermore, if staff members would like to come along with students then this is also an option. We are committed to providing a comprehensive and unique service for students and parents alike to help you make the incredibly important decisions regarding to universities.

We have a University Tour for everyone; we are currently offering four types of University Tours.

Medical University Tour

If you are planning to study medicine in the UK and are not sure which university to apply to, take a tour with us. We will take you to the best medical universities in the UK so that you can explore the options for you and choose the university that best suits you.

General University Tour

Finding it hard to decide between medicine, journalism, law, or business? Join our General University Tour where we will take you to the a variety of universities in the UK. You will have an opportunity to speak to the faculty and students. We will help you explore the options for you.

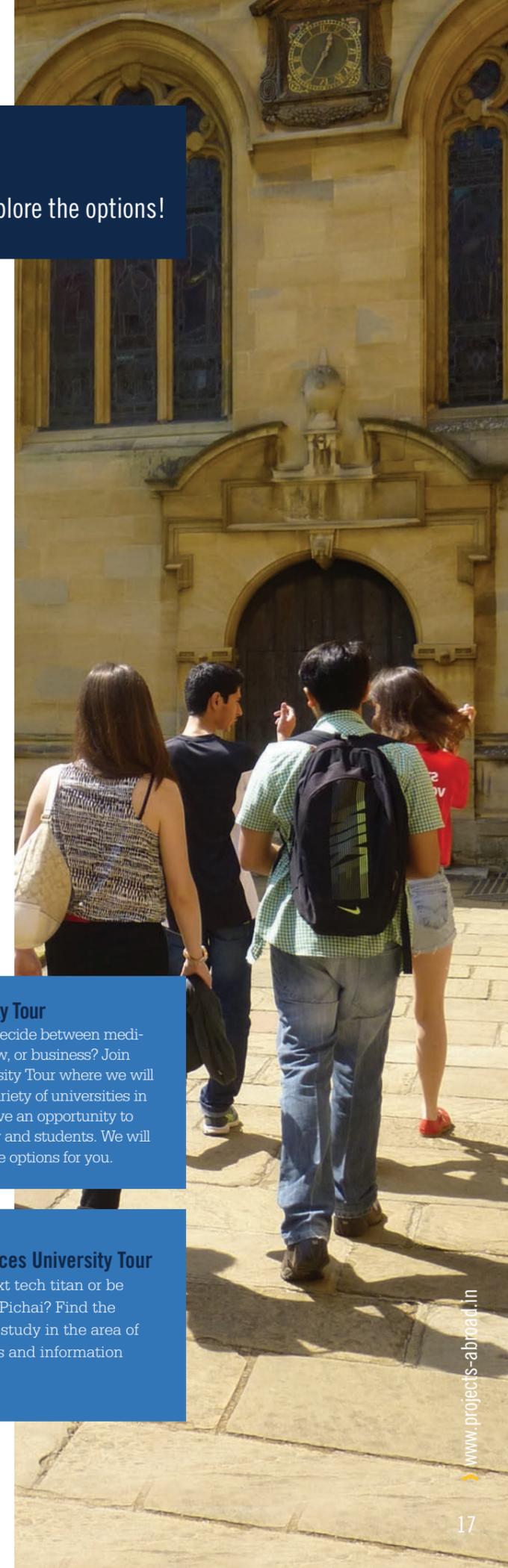
Business University Tour

If you aspire to become an entrepreneur and successful businessperson and looking to study business abroad, then why not take a tour with us where we will take you to the top universities in the UK?

Computer Sciences University Tour

Want to be the next tech titan or be the future Sundar Pichai? Find the best institution to study in the area of computer sciences and information systems.

Please check our website or contact us for more details.



Other Projects

With Projects Abroad having offices in each country we work in around the world there are a broad range of different programmes that you can look at joining with your group. Each group trip is bespoke. If you want to discuss a particular option please get in touch.



Language

What better way for your group to improve their language skills than to learn and practice them overseas? Your group could join Spanish lessons in Mexico, Arabic lessons in Morocco or French lessons in Senegal. This could be combined with another programme whether it is French and Teaching in Togo or Building and Spanish in Argentina. There are a broad range of options open to you and your group.



Cultural

There are a range of unique projects that your group could join on a trip. The group could work on an Archaeology project in Romania or an Inca Project in Peru. There are options living with Nomads in Mongolia or Morocco. There is a Khmer programme in Cambodia where the group can do everything from puppet making and cooking to language lessons and learning traditional music.



Internships

Whether you are a group of lawyers, business students or aspiring journalists there are projects that would fit in with your group. You could work together on a Human Rights programme in South Africa or Ghana. You could work on a local newspaper in Mongolia or China. You could help on a Micro-Finance project in Senegal or Tanzania. These are just some of the options open to you. Whether your group has experience or is looking to gain experience Projects Abroad could arrange a project that would fit your interests.



Veterinary Medicine & Animal Care

Projects Abroad has organised placements for groups of veterinary students as well as aspiring vets to work with local vets in various parts of the developing world. You would be working alongside local professionals and able to get experience in a very different environment. You could be working in Sri Lanka, Ghana or Romania. If you are a group keen to work with animals there are a number of centres that would welcome a group to help. Working with pandas in China, birds of prey in Mexico or horses in Bolivia are all options open to groups.



Combining Projects

In most cases your group are able to combine projects. This could be in Cambodia teaching in a school in the morning and doing a Building programme in the afternoon, or working in Costa Rica on a Care & Community programme for the first week before joining the Conservation programme. If you have a particular option in mind please get in touch to find out if it is practical.



Testimonials



"The certificate of experience you carry adds weightage to your resume as it shows potential employers that you are not afraid to take that extra step out of your comfort zone and most importantly depicts you as a humanitarian who cares for his/her society and the world at large."



Sanobar Mistry
Care in Jamaica

"The wonderful staff at Projects Abroad really could not have chosen a better host family for me. To say that my host family added to my experience would be an enormous understatement; they were more like the foundation that my experience was built upon. I can't stress enough how valuable it was to live with a host family."



Haneef Addulrehman
Teaching in Argentina

"Although I'm from India, I have to confess I know barely anything about my Asian neighbours. Volunteering in another Asian country was my attempt at filling that embarrassing knowledge gap but also to gain insight into the daily workings of another developing nation with a similar colonial history to my own."



Keerthi Kilari
Teaching in Vietnam

"The programme was not all about business and internships. I, along with my fellow volunteers, got to visit various colleges of Oxford University on their open days. We attended admission talks and subject-related talks and the best part- we got to spend three nights in the dorms of the University of Oxford... To sum it all, I would say that it was truly one hell of an experience because I got the opportunity to not only do but also learn so much in just a span of two weeks. During the placements, I got to polish some of my soft skills like communication, leadership and teamwork. Hence, I will always cherish what I took away from this programme and I definitely look forward to working with Projects Abroad again."



Mahwash Hoti
Business Study Tour in the UK

"Going on this trip not only changed my outlook on a career in law, but also opened my mind to so many new experiences and points of view; something I will value for many years to come. By the end of my two weeks, there is no exaggeration whatsoever when I say I was upset to leave. I'd met such amazing people from all around the world, and made memories I'd never forget."



Gayathri Muthukumar
Law High-School Special in China

"I feel so satisfied with what I have learned and gained from it. This internship not only gave me the ability to be around doctors and know how it feels to be one, it also taught me how to decide to be a health care provider for the right reason which is only to help people and save lives."



Reham Garash
Medicine in Sri Lanka

Example Itinerary

Medical Group Trip in Cambodia, 14-day trip

Day No. 1 The group of medical aspirants will fly to Phnom Penh from India. They will be received by the Projects Abroad staff. The staff will take them to the shared apartments or hostel as agreed with the school. Once the group has settled down, Projects Abroad staff will join the group for dinner at one of the local restaurants in Phnom Penh city.

Day No. 8 In the morning students will start the next half of their incredible journey. Students will be introduced to the Khmer culture. Students will explore the culture, language and history of Cambodia. All day long, the group will visit the temples in Angkor which will give them greater insight into Khmer tradition and culture during the Angkorian period. The group will be staying in the town of Siem Reap.

Day No. 2 Induction to the culture, language and schedule. Cover health and safety and then shown around local area. In the afternoon, the group will be split into two groups and will be introduced at their placements at Khmer Soviet Friendship Hospital and Sihanouk Hospital centre of Hope. At their placements, the two groups can be further divided into smaller groups (depending upon the numbers) to shadow and learn from doctors in different departments. Each group will stick to one department for two days so that they can learn more.

Day No. 9 The group will leave in the morning to Battambang city where they will visit the flooded forest and the village on stilts. The flooded forest is an experience of the lifetime, where students will float on the small wooden boat through a world of tree trunks and branches. The Kompong Phluk floating village is unlike anything students would have ever seen before; a whole community of people living on the flooded Tonle Sap Lake, and yet in the dry season, they are suspended in houses set on stilts. In the late afternoon, students will travel back to Phnom Penh. Relax at the accommodation.

Day No. 3 In the morning, the groups will shadow the doctors at their respective department. After lunch all the students will participate in a cultural workshop at the Projects Abroad office. In the evening, students can decide the department they wish to visit for the next two days so that the staff can help allocate the students in their chosen departments within the same hospital.

Day No. 10 In the morning, the group will learn a special skill of puppetry, working alongside a trained puppet maker. This will allow students to learn about the Cambodian culture. Puppetry is an integral part of Khmer history and culture. In the afternoon, the group will learn and experience the traditional music which involves teaching them a traditional technique to play the drums. This will give them an insight into the local Sovannaphum Arts Association's activities. In the evening, students will get their bags ready to travel back to Phnom Penh.

Day No. 4 Students will continue in the same hospital but in the departments of their interest. Here students will again be able to observe nurses and doctors and be able to ask them any questions to help widen the students understanding. It's important that students show interest and make notes. In the evening the group will watch a puppet show.

Day No. 11 In the morning, the group will swap the hospitals and observe a doctor in their chosen departments. In the late afternoon, students will visit S-21 museum and take rest in the evening.

Day No. 5 In the morning, the students will continue at the hospital in the same departments as yesterday. In the afternoon, students will participate in the hygiene outreach programme with children at one of the needy care centre. In the evening students will go to visit New Angkor night market.

Day No. 12 The group will participate in the community outreach medical program in an orphanage where free medical check-ups are given to the children along with a doctor and Projects Abroad staff.

Day No. 6 The group will visit the centre for traditional medicine by monks where they will learn and observe monk's traditional treatment. In the afternoon, students will go sightseeing in Phnom Penh including the impressive Royal Palace. In the evening, students will pack their bags for the exciting time in Siem Reap.

Day No. 13 In the morning, the group will work at the hospitals allocated to them and observe a doctor in their chosen departments. In the afternoon, students will visit historical places such as independence monument and National Museum of Cambodia. This will allow them to gain a deeper understanding of Khmer history. In the evening, students will pack their bag and have the farewell dinner with the Projects Abroad staff.

Day No. 7 It's an early start to the day, with a journey of 6 hours to Siem Reap where students will immerse themselves in the Khmer culture. We will then go on a hike to Kulen hills which is an incredibly beautiful place to explore.

Day No. 14 Our staff will escort the group to the airport to depart back to India.

Example Itinerary

Care and Conservation in Kenya, 14-day trip

Day No. 1 Travel from India to Kenya. Met by Projects Abroad staff at airport and taken to the allocated host families in Nanyuki. Nanyuki sits at the foothills of Mount Kenya. The town was started by British settlers in the early days of colonial Kenya. Students will run through the program and the objectives.

Day No. 8 In the morning students can watch different types of African traditional folk dance during a show put on within the local community. There will be an opportunity for you to dance with the dance groups and connect deeper with the culture and people. In the afternoon, students can go for a swim and relax at local swimming pool. In the evening, students will pack their bags for their next part of the adventure - our Conservation Project in Kigio Wildlife Reserve.

Day No. 2 Induction to culture, language and schedule. Cover health and safety and then shown around local area. In the afternoon, the group will be introduced to their placements at Foundation Learning Centre, Faruha Rehab Centre and Segera Mission. Although the students will be split into two groups during the mornings at Foundation Learning Centre and Faruha Rehab Centre, they will be together for the community work in the afternoons at Segera Mission.

Day No. 9 It will be an early start for the students. The group will leave from Nanyuki to our conservation camp at Kigio Wildlife Reserve. It is a 6 hour drive from Nanyuki covering 168 kms. On reaching the reserve, students will settle down into the camp dormitories. There is one large communal building with two separate single-sex dormitories. Once settled in, the group will be able to go on a trip out onto the reserve to have a look at the beautiful landscape and variety of wildlife that they will be focusing on protecting over the next three days. After going out on the reserve, we will brief the group on the schedule for the next three days. Then students will be able to relax on the outside porch overlooking the reserve, admiring the spectacular views and listening to the nocturnal bush noises and enjoy the sunset.

Day No. 3 In the morning the group will go to their allocated placements for care work. Each day at the placement they will organize activities to play games with the children as Kenyan children love sports, songs and rhymes, teach them English and doing arts and crafts activities. Students will be able to plan some fun and interactive educational activities to do with the children to encourage them to learn and also to give them the attention that so many of them need. This will help stimulate the creativity aspect and teamwork in a group. In the afternoon, students will start their community work at Segera Mission that needs volunteers with work such as painting, building, renovating and decorating. In the evening, the two groups will prepare the learning activity plan for their respective placements. This will give them a chance to bring new creative ideas of learning to the placements.

Day No. 10 Students will be involved in numerous projects in the reserve but our overall aim is to contribute to the conservation and preservation of Kenya's biodiversity through scientific research. All research takes place on Kigio Reserve under the skilled and experienced supervision of our local staff.

Day No. 4 Students will continue working at the placements with the children, with different activities for the children. In the afternoon, they will continue community work at Segera Mission.

Students will take part in a wide variety of activities over the three days including:

- Mammal inventories
- Endangered species research
- Invasive plant removal
- Fence removal
- Construction of water holes
- Observation hide construction
- Road maintenance
- Soil erosion control
- Animal tracking
- Anti-poaching patrols
- Vegetation mapping
- Bird census
- Building and maintaining tree nurseries
- Habitat restoration

Day No. 5 Similar schedule as day 4. However, students will swap their placements so groups can meet with other children of the placements. Students will be mostly involved in teaching the students using the techniques they agreed on. In the afternoon, students will continue their community work. In the evening, students will get involved in cookery classes and learn traditional dishes like matoke, ugali, and kienyeji.

Day No. 11 In their spare time at the base camp students can play football, cricket, play cards and relax under the shade of the nearby trees with a good book. Some volunteers simply like to watch the magnificent African sunset.

Day No. 6 In the morning, students will go to their respective placements and get involved with playing and arranging educational activities for the kids. In the afternoon, students will finish the community work and add the final touches. In the evening, the group will do some shopping at the local market along with the staff.

Day No. 12 Students will travel back to Nanyuki in the morning. In the afternoon, students will visit the placements they have worked in and say the final goodbye to the children and teachers. Projects Abroad will organise a farewell dinner for the students at one of the local restaurants. After the meal students will pack their bags and get ready for the flight home the next day.

Day No. 7 Students will visit the cultural village of Samburu where they will experience first hand the life of the Nilotic people of north-central Kenya. Similar in appearance to the Maasai but less known, the Samburu are a proud warrior tribe. Here the group will watch traditional Samburu dancing, and learn about Samburu tribal life and customs.

Day No. 13 Say goodbye to host family and then Projects Abroad staff will drop the group off at the airport to fly back to India.

Example Itinerary

› Sri Lanka CAS , 14-day trip

Day No. 1 | Travel from India to Colombo airport. Met by Projects Abroad staff at airport and taken to host families in Kolonnawa to settle in. If there is time after arrival students will be taken around the local area by our staff. Students will run through the program and the objectives with our CAS coordinator.

Day No. 2 | Introduction to placements in Kolonnawa, a town next to the capital city, Colombo. The group of students will be working in 3 different preschools – Takagishi, Little Step and Sadae. The preschools are in close proximity to each other so although the group will be split up for the mornings, they will be together in afternoons for community work. After introductions at each placement the group will all go to Takagishi Preschool to perform community work.

Each evening the group will reflect on the activities of the day and prepare their evidence with help from our CAS coordinator. They will also prepare a plan for the next day at the placement.

Day No. 3 | In the morning the group will go to their allocated schools. Each day at the schools they will organize care and teaching activities such as

- Teaching English (alphabet, numbers, colours and body parts)
- Teaching numeracy (counting numbers and money, addition and subtraction)
- Arts and Crafts (Chinese lanterns, animal zoo, clown hat, face masks)
- Sports (football, fun outdoor games)
- General care work (helping with their homework, assist in feeding)

In the afternoon, the group will all go to Takagishi to continue the community work including painting the wall and planting flowers and vegetables for the children to enjoy. In the evening we will go bowling at the local bowling alley.

Day No. 4 | Students will continue working within the preschools with the children, with different activities for the children. In the afternoon, they will continue community work in the Takagishi School. In the evening they can relax at their host families.

Day No. 5 | It is an art project day: go to schools and the focus will be on painting activities for the children. They will get to present their painting in front of the class and please help them hang the pictures on the wall. This is an opportunity for students to be imaginative and creative! Further progress will be made and by now the students should be ready to plant seeds in the vegetable garden and flowers in other areas of the garden.

Students will attend a Sri Lankan cookery class in the evening, learning how to make a traditional Sri Lankan curry.

Day No. 6 | In the morning, the group will go to the schools and continue with the care and teaching work. In the afternoon, students will go sightseeing in Colombo such as Galle Face and Old Parliament.

Day No. 7 | It's an early start to the day, with a coach journey to Kandy for the weekend trip. We will visit an Elephant Orphanage at the Millennium Foundation on route to Kandy and have a buffet lunch on arrival at the Queen's Hotel. We will then visit the local Curio Market and students will have an opportunity to enjoy the beauty of Kandy. In the evening, we will watch a Kandyan dance show and then go to the lodge to relax and have dinner.

Day No. 8 | In the morning, we will visit the famous Temple of the Tooth Relic. After, we will go to Viewpoint which is the perfect location to admire the beauty of Kandy from above. We will then go to Batik & Wood Carving Factory where students will be intrigued with processes to make these products. The group will then head to The White Horse for lunch in Kandy and then do some shopping in a different market.

Our next stop is Embilmeegama Tea Factory & Tea Plantation. The students will learn how it goes from plant to our cup of tea and have an opportunity to enjoy tea tasting. After the tea visit, we will head to Little Adam's Peak which is a three-hour drive from Kandy and sleep in a guesthouse ahead of the expedition the next day.

Day No. 9 | It is a hiking day. The group will hike up this beautiful area of Sri Lanka. It is a famous landmark offering some breathtaking views of the hill country and a captivating wilderness sanctuary. The expedition will be challenging but it is the perfect place for inexperienced hikers to go. This exhilarating hike will be led by an experienced guide and the route is incredibly safe. This will be a day of fun-filled action and well worth the hard graft. After the trek, we will have dinner at a restaurant to celebrate conquering Little Adam's Peak and then drive back to Kolonnawa and the host families.

Day No. 10 | Back to the placements. Students can prepare some English songs and dance to teach at the schools. In the afternoon, the group will get back to work on the painting and gardening. In the evening, students will plan a sports day for the children and relax at the host families.

Day No. 11 | Sports day. The group will plan and implement small circuit of activities for the children to participate in: mini Olympics, sports games, and fun games for small children. All games should be designed for children to learn team work, healthy competition, and self-confidence. In the afternoon, the group will go swimming at the Grand Arena hotel swimming pool.

Day No. 12 | In the morning, students will go to their respective placements. In the afternoon join up again for the final day of work at Takagishi preschool and add the finishing touches to mural paintings and the landscaping which will have a lasting impact within the school. In the early evening we will do some sightseeing at local temples - Kelani Buddhist temple, Hindu Kovils, Gangarama Temple, and Independence Memorial.

Day No. 13 | Last morning at the preschools, it is time to say goodbye to the teachers and children. In the afternoon, we will travel to Negumbo to chill by the beach, play some beach cricket and have a goodbye meal at a restaurant on the beach. Then return to host families to pack bags.

Day No. 14 | An emotional goodbye with host families when picked up and then the group will be dropped off at the airport and depart back to India.

Example Itinerary

› South Africa CAS , 14-day trip

Day No. 1 | The group will depart from India and arrive in Cape Town. They will be met by Projects Abroad staff and taken to their host families to settle in.

Day No. 2 | The group will have their induction including an introduction to the culture and the local area. We will discuss the schedule for the two-weeks and cover all aspects of health and safety. In the afternoon, the group will be introduced to the crèches we work in such as Masikhule Educare, Butterfly Way Educare and Educate for Good. The crèches are in Vrygrond, a township within Cape Town. In the evening, all the students will return to their host family to socialize and have dinner.

Day No. 3 | In the morning, the students will be split into groups to work at the crèches. Each group will make a plan for the day. Depending on their interest and the need of the crèche, the students can help in lots of amazing ways. They can volunteer by teaching, playing educational games, outdoor activities and assist with a variety of arts and crafts. This is a chance to improve student's core teaching skills as well as really make a difference in the English abilities of these young children. The groups will have a packed lunch at the crèches and will then continue work at their respective placements. In the evening, the groups will be taken back to their host families to relax and have dinner.

Each evening the group will reflect on the activities of the day and prepare their evidence with help from our CAS coordinator. They will also prepare a plan for the next day at the placement.

Day No. 4 | The students will continue working at their allocated crèches. After lunch the group will go to the top of Table Mountain by the cable car. Table Mountain is an important part of Cape Floristic Region, which is a UNESCO World Heritage site and the single richest floristic area in the world. It is a place where students can enjoy its wide variety of wildlife and vegetation with over 1,460 different species of plants. In the evening, the group will have dinner at Cubana Restaurant and will have the opportunity to socialize with other Projects Abroad volunteers and interns from around the world.

Day No. 5 | As planned, students will conduct fun and educational games for all the children and art and craft lessons and much more. Students can also think of making donations (toys, books, clothes etc.). The students will listen to the songs and rhymes that they have taught to the children during these few days. This is the final time at the crèches and will say goodbye to all the children and teachers. The group will be taken back to their host families where they will pack their bags for the adventurous weekend trip to Golden Route.

Day No. 6 | Projects Abroad organises the three-day adventure trip led by the experienced professional local guides. Students will have an early start to the day where they will visit a Private Game Reserve on the edge of the Garden Route. The group will go on a safari where they can see Lions, Buffalo, Elephants, Rhinos, Cheetahs and Giraffes in their natural habitat. Due to our animal policy, students will not be participating in lion walks, stroking cheetahs or diving with crocodiles.

Day No. 7 | Students will begin their day with a visit to a popular local farmers and craft market in the village. The next stop is the Bloukrans River Bridge, home to the World's highest commercial Bungee Jump at 216 meters! Students will be able to take the leap and enjoy this incredible experience. From here it's back to Myoli beach to relax and have dinner.

Day No. 8 | The students will head over the Outeniqua Mountains to the Town of Oudtshoorn, known as the "Ostrich Capital of the world". Here they will visit the Cango Caves to go through some very large chambers with spectacular limestone formations that are millions of years old. Students shall be prepared to start squeezing through some very tight spaces. The students will travel back to Cape Town where they will take rest and have dinner with the host family.

Day No. 9 | In the morning, the group will visit Robben Island since the Dutch settled at the Cape in the mid -1600s, Robben Island has been used primarily as a prison. Indigenous African leaders, Muslim leaders from the East Indies, Dutch and British soldiers and civilians, women, and anti-apartheid activists, including South Africa's first democratic President, Nelson Rolihlahla Mandela were imprisoned on the Island. In the afternoon, the group will join Projects Abroad surfing team. This is a great chance for the students to learn a new skill and have lots of fun.

Day No. 10 | The group will continue their surf lessons in the morning. In the afternoon session the students will teach swimming to the children from nearby townships. Many children who grow up in the townships of Cape Town have never been to the beach, despite its close proximity because most are unable to swim. Surfing is also an expensive sport, and is therefore out of reach of almost all the children we work with. By organising the swimming lesson, students will be giving them a new opportunity that they may never have had access to otherwise. Once these children are trained swimmers, our surfing volunteers train them to surf. In the evening, students will join their host families where they will have BBO with the host families.

Day No. 11 | In the morning, students will join James in Vrygrond (township). James is a pastor who likes to give back to the community in Vrygrond by running a soup kitchen from his church on Wednesdays. The students will have the opportunity to assist with handing out food to those in need, as well as hearing first-hand accounts of the difficulties poor people face in that area. James dedicates himself to helping the vulnerable and each year this is a highlight for the students who learn so much from him, acquiring a sense of deeper understanding for poverty within the township. In the evening, the students will go bowling at Canal Walk.

Day No. 12 | In the morning, we will share the details of the school that needs renovation work done. We will then go to the school to identify the area of concern and will encourage the students to share ideas to renovate, redecorate, redesign and improve the conditions to make a better place for its teachers and students. The students will have a structured plan of action for the two days renovation work. This type of work will help the students to understand the dynamics of group work, taking responsibility for their fortunes and to get things done in time whilst impacting the lives of those less fortunate than them. This will also prepare the students to tackle "real world" issues.

Day No. 13 | The group will complete the renovation work as planned by late afternoon. After adding the final touches, the group will leave to the host family to take rest. In the evening, the group will have a farewell dinner at Mama Africa. Mama Africa offers a vibrant and authentic African experience that is made all the more magical through music. At 8pm each evening a live Marimba band takes to the stage and rocks the restaurant with a variety of musical styles.

Day No. 14 | The group will say goodbye to their host families and be dropped at the airport to depart back to India.

Who are you?



Information for Group Leaders / Teachers

There are a wide variety of opportunities for different group trips to the developing world with Projects Abroad. We aim to take the pressure off you by organising a safe, rewarding and enjoyable trip for anything from five to one hundred students. It can be a great way to help raise the profile of your school or group by organising a life changing trip.

Free Staff Place

There is a free staff place for every nine students that travel.

Pre-Departure Visit

We are happy to visit you to talk about the trip before you join us. One of our experienced staff will come and speak to your group and parents about all aspects of the trip so you all know exactly how it works. This is a great opportunity to have all your questions answered.

Pre-Departure Support

Projects Abroad will take the pressure off you. We will support you and the group from application to departure. We can give ideas on fundraising. We can help you with flights. We will organise visas, insurance and give advice on what the group should take with them on the trip. Each member of the group will be given their personal webpage with full details of the trip.

Safety & Risk Assessments

All our Group Trips have a full risk assessment carried out after application. The risk assessment will be sent to the leader prior to the group leaving home. Each trip is planned and carried out with safety and security in mind.

In-Country Support

You will be picked up on arrival in your chosen destination and looked after for the duration of your stay. Projects Abroad has full time experienced staff supporting you throughout your stay. Your itinerary will be planned to make the most of your time overseas with a mix of volunteering and tourism activities.



"Projects Abroad held my hand throughout all the planning and came up with an incredible and challenging programme for our 2 weeks in Kathmandu."



Lesley Ashton,
Leader, Slough Girl
Guides group, Nepal

Information for Parents

If you have a son or daughter who is thinking of joining a group trip Projects Abroad is a great option. We organise everything to make the trip of a lifetime possible.

What are the aims & objectives of Projects Abroad trips?

These vary from group to group but will generally combine some community based work alongside some tourist activities. Projects Abroad arranges bespoke trips for each group. The schedule will fit in with the interests of the group.

What staff support does Projects Abroad offer?

Before departure our staff are happy to meet up with groups of parents, teachers and students to give advice about all aspects of the group trip. Projects Abroad have full time staff in every destination that will support the group throughout their time on the programme. They make the detailed arrangements before groups arrive and work alongside the group every day to provide guidance, support and safety when it's really needed.

Do you provide safety & risk assessments?

Projects Abroad carry out a full risk assessment for every group we organise. Each trip is planned and carried out with safety as our number one concern.

"Our son Joshua has recently been on a Projects Abroad medical work experience visit to Costa Rica and we just wanted to thank all those involved in his visit. He had a really memorable time and has not stopped talking about it since he returned. A special thank you must go to Marcela (in Costa Rica with them) as he thought that she was incredibly helpful, constantly enthusiastic and really supported the group. He really enjoyed his time with your company in Costa Rica and it has made him even more determined to follow a career in medicine. Thank you to everyone involved once again!"

Mr & Mrs Greaves,
Parents of Joshua, Oakham School, Costa Rica

Information for Students

If you are joining a Projects Abroad group trip you are in for the trip of a lifetime! With Projects Abroad you and your group will get a great opportunity to live a very different style of life and see a totally different part of the world.

What will Projects Abroad organise?

Projects Abroad will organise a bespoke itinerary with you and your group. This will combine project work, your accommodation, insurance as well as your evening and weekend activities.

How much will it cost?

You have to pay a placement fee to join the trip. Please contact us for group trip prices. Once you have paid to join a programme you will not need much additional money for your trip.

What can I do?

You can join a broad range of different projects such as community projects helping out in local schools or orphanages to medical programmes getting experience working with local doctors and nurses across the world. The projects are tailored to your group so if you have a project in mind that is not mentioned on our website you can get in touch and see if we can organise something.

What are the benefits of joining a group trip with Projects Abroad?

You will help on a local project where you can make a useful and long lasting contribution to a local community. You will learn new skills and make new friends from all over the world. You will add to your CV, have something to talk about in interviews and have a great time.

"The whole trip from beginning to end was a truly remarkable experience. All of the students from Ardingly enjoyed every moment (apart from perhaps sifting the worms out of manure!) and really hope that our contribution has made a difference. Projects Abroad had really taken into consideration every aspect to make our time out there incredible. The trip has given me a true love of India and the people, and I hope to be able to return to this captivating and beautiful country as soon as I can!"



Laura Hutton,
Ardingly
College, India

What we provide



On Enquiry

- ✓ A comprehensive information pack
- ✓ A detailed project proposal, provisional schedule and risk assessment
- ✓ A meeting with our Group Trips Coordinator

Pre-departure

- ✓ A meeting with students, parents and leaders to discuss the destination, project as well as fundraising advice.
- ✓ Guidance through the booking process
- ✓ A dedicated trip coordinator
- ✓ Risk Assessment
- ✓ Detailed and tailored day by day itinerary
- ✓ Pre-departure briefing

What's included in country

- ✓ Airport Transfers
- ✓ A Projects Abroad coordinator
- ✓ 24/7 support from the network of Projects Abroad staff in destination
- ✓ Comprehensive induction and orientation
- ✓ Project specific workshops
- ✓ All project materials
- ✓ Food (Three meals a day)
- ✓ Accommodation
- ✓ Comprehensive Medical & Travel Insurance
- ✓ Excursions

Travel

- ✓ Flights are included in our prices and we have a dedicated Travel Team who arrange flights for each group member.

What's not included

- ✗ Vaccinations
- ✗ Visas (where necessary). Our Visa Team will give you advice on how to obtain the correct visa.
- ✗ Spending money

Prices

For full details please contact us.



“St. Mildred's-Lightbourn School has developed a close partnership with Projects Abroad since 2005 in support of its extensive experiential learning program.

To date SMLS girls have worked in Mexico, Ghana, Morocco, Argentina, Thailand and Mongolia. They have experienced an extensive range of voluntary placements in the fields of care and community, teaching, turtle conservation, medicine and marine conservation. The opportunity to learn about a world very different from their own in a safe and supportive environment is the hallmark of a Projects Abroad experience. This company offers a complete experience with impressive attention to detail from start to finish. The professionalism of the Projects Abroad staff, both in the field and at head offices, is commendable, reliable and totally reassuring to both school administrators and parents as we coordinate these wonderful experiences for our students.

We take every opportunity to recommend Projects Abroad to like-minded educators and look forward to further developing our relationship and programming with Projects Abroad in the coming years.



Judy Ross
Director of External Studies at St. Mildred's-Lightbourn School

Our achievements in numbers

35 The number of countries that we work with across 6 continents.

100,000 The number of Projects Abroad volunteers and interns to date.

41 The number of different nationalities of our volunteers.

367 The number of schools, language centers, and other organizations that have benefited from our Teaching projects this year. Aside from conversational English, volunteers have also taught French, German, Math, Art, Drama, Music, IT, and Physical Education!

502 The number of orphanages, care centers, disabled centers and other organizations that have benefited from our Care Projects.

22,000 The number of children we've helped look after in 108 orphanages.

11 The number of Conservation & Environment destinations we have.

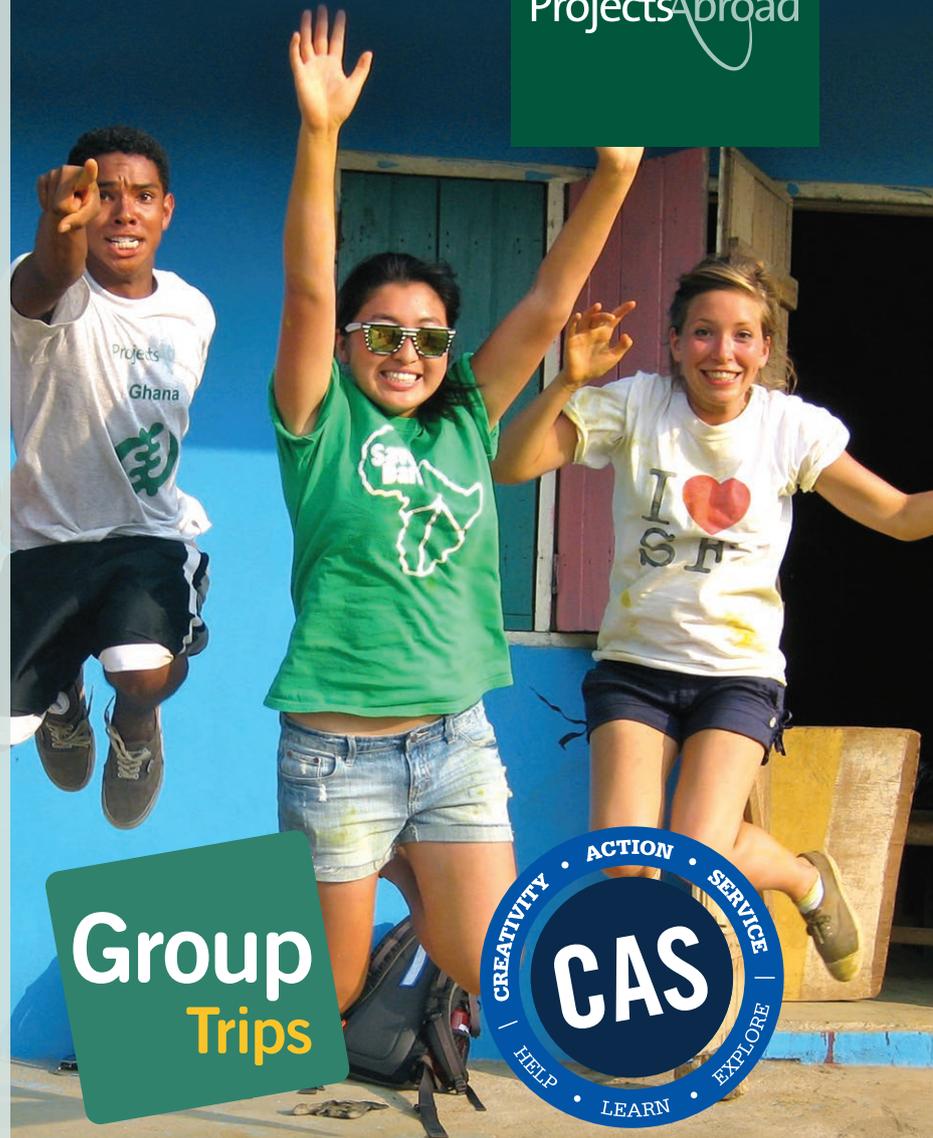
600,000 The estimated combined number of Olive Ridley, Leatherback, Hawksbill, Loggerhead and Green Turtles we have protected on Conservation Projects in Mexico, Costa Rica and Peru.

476 The number of hectares of Amazon Rainforest granted Projects Abroad to operate as an ecological reserve in Peru - the 'Reserva Ecologica Taricaya'

137 The height (in feet) of our canopy walkway at 'Taricaya'.

47 The number of areas our Medicine volunteers work in, from Acupuncture to X-ray!

Projects Abroad



Group Trips



/projectsabroadindia



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